





COLORADO HIGH SCHOOL COACHES ASSOCIATION TRACK CLINIC--2010

SPEAKER SCHEDULE & ROOM ASSIGNMENTS

TIME	CHERRY PLUM CREEK (LOWER LEVEL)	WEST WING A/B (UPPER LEVEL)	MAIN LOBBY (UPPER LEVEL)		
12:00 PM - 5:00 PM FRIDAY, 2/5/10	<i>International Paralympic Committee OFFICIALS</i>	REGIONAL REP MEETING (4:00 PM)	 REGISTRATION / VISIT VENDORS AAE COACHES' SOCIAL		
	CHERRY PLUM CREEK (LOWER LEVEL)	WEST WING A/B (UPPER LEVEL)	BOULDER / PARKER (LOWER LEVEL)	EVERGREEN / GOLDEN (LOWER LEVEL)	COLORADO ROOM (LOWER LEVEL)
5:00 PM - 6:00 PM FRIDAY, 2/5/10	<i>IPC OFFICIALS</i>	Dr. Rick Bettger: Legal Liability Crisis In Today's Society	Aaron Mosher: Coaching Multi-Event Athletes	Phil Wollbrink: Blocks and Starts	Melody Fairchild: Barefoot Running
	CHERRY PLUM CREEK (LOWER LEVEL)	WEST WING A/B (UPPER LEVEL)	ARAPAHOE (LOWER LEVEL)	JEFFERSON (LOWER LEVEL)	DOUGLAS (LOWER LEVEL)
6:00 PM - 7:00 PM FRIDAY, 2/5/10	<i>IPC OFFICIALS</i>	Loren Landow: Speed Concepts & Warm-ups	Charlie Gruber: 800/1600 Preparation	Kevin Young: 400m Training for High School	Matt Hemingway: Triple Jump Technique & Drills
7:00 PM - 8:00 PM FRIDAY, 2/5/10	<i>IPC OFFICIALS</i>	Loren Landow: Speed Concepts & Warm-ups (cont'd)	Jay Johnson: Strength Training & Warm-ups for Distance Runners	John & Bill Godina: Shot Put Technique	Pat Manson: Pole Vault Technique & Safety
8:00 PM - 9:00 PM FRIDAY, 2/5/10	<i>IPC OFFICIALS</i>	Sue Humphrey: Psychology in Track & Field	Jay Johnson: Strength Training & Warm-ups for Distance Runners (cont'd)	Dennis Mitchell: Sprint Mechanics & Training Ideas	Matt Hemingway: High Jump Technique
9:00 PM - 12:00 AM FRIDAY, 2/5/10	 VS ATHLETICS COACHES' HOSPITALITY				

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TIME	LOWER ATRIUM (LOWER LEVEL)				
7:00 AM - 8:30 AM SATURDAY, 2/6/10			GTM CONTINENTAL BREAKFAST		
	CHERRY PLUM CREEK (LOWER LEVEL)	WEST WING A/B (UPPER LEVEL)	ARAPAHOE (LOWER LEVEL)	JEFFERSON (LOWER LEVEL)	DOUGLAS (LOWER LEVEL)
8:00 AM - 9:00 AM SATURDAY, 2/6/10	IPC OFFICIALS	Brad Carlson / Dana Pounds: Soft Tissue Injury Prevention	Aaron Mosher: Srength Training For Track Athletes	Matt Norton: Building A Championship Program	Casey McDaniel & Derek Johnson: Hurdle Drills & Technique
9:00 AM - 10:00 AM SATURDAY, 2/6/10	IPC OFFICIALS	CHSAA: Hosting Qualifying Meets	Phil Wollbrink: Relays	John & Bill Godina: Discus Technique	Sue Humphrey: Long Jump Technique
10:00 AM - 12:00 PM SATURDAY, 2/6/10	IPC OFFICIALS	CHSCA GENERAL SESSION, CTFOA/CHSAA RULES SESSION, AWARDS, DOOR PRIZES			
			Boulder Running Company Light Lunch		
1:00 PM - 4:30 PM SATURDAY, 2/6/10	CTFOA OFFICIALS' CERTIFICATION, GRAND BALLROOM (UPPER LEVEL)				