

Membership
Application
page 6

The Colorado

COACH

Volume 30

Number 1

Fall 2008

Published by the Colorado High School Coaches Association

**NATIONAL HIGH SCHOOL ATHLETIC COACHES ASSOC.
HALL OF FAME
COLORADO SPRINGS
JUNE 24, 2008**



Chris Brown

See "Commitment" - page 14

Start a Summer Business - page 22



Ed Kintz

PAGE 2

Cover Story

The National High School Athletic Coaches Association (NHSACA) National Convention for 2008 was held at the Double Tree Hotel in Colorado Springs, Colorado. The NHSACA Hall-of-Fame Luncheon was held Tuesday, June 24 as one of the featured events of that convention, where two of Colorado's most outstanding coaches, **Ed Kintz** and **Chris Brown** were inducted into the National Hall of Fame.



J. Edward Kintz graduated from Louisville High School in 1957 where he lettered in football, basketball and track. He graduated from Colorado College in 1962. At C. C. he played football and ran track and was the All-Conference Quarterback in 1961. During this time he became the Rocky Mountain Regional Golden Gloves champion.



Coach Kintz spent his coaching career building up high school programs that needed help. When he had them running smoothly, he would move on looking for another challenge. He wasn't limited to high school teams only. He started coaching at St. Mary's High School in Colorado Springs, where he coached four years. He coached spring ball at Western State College before he headed north to Englewood for three years, Mullen seven years, Pamona seven years and Bear Creek six years. Next he used his expertise to help Denver's arena football team. Then it was back to high school at Golden for a few years. His high school teams won 192 games and made nine playoff appearances. He was named the Coach of the Year in 1966, 1970, 1972, 1977, 1983, 1984 and 1991. He won Colorado high school football's Ed Lesar Award in 1984 and was the Teacher/Coach of the year in 1994. In addition to the NHSACA Hall of Fame, he is in the Jefferson County Coaches' Hall of Fame and the Colorado High School Coaches Association Hall of Fame.

Coach Kintz shared his enthusiasm and love of coaching with coaches throughout the country, giving motivational and coaching talks to coaches in eleven different states. It is understandable why the NHSACA wanted him in their Hall of Fame because he was the National Football Chairman, the NHSACA District Six Director and the NHSACA President. For thirteen years he was the Executive Secretary and Director of the Colorado High School Coaches' Association (CHSCA).



Chris Brown was also an excellent choice by the NHSACA Hall of Fame Committee. He was born in Kalamazoo, Michigan, graduated from high school in Beaverton, Oregon. Then he graduated from the University of Northern Colorado, where he was All-Conference in football.



Coach Brown wasted no time getting into the coaching ranks. He started at one of the hottest sports schools in Colorado, Limon High School. He carried on their tradition, as he coached three sports winning two football championships in three years. From there he went to John Mall High School in Walsenburg where he coached football and girls' basketball. Then started his remarkable run at West Grand High School in Kremmling where he won 16 league titles and two State Championships in football. He was six times Colorado Football Coach of the Year. He won the Ed Lesar Award in 1997 and was asked to coach the All-State Football Game twice.

Coach Brown was President of the Colorado High School Football Coaches' Association and President of the Colorado High School Coaches' Association. He received the Don DesCombes Distinguished Service Award in 1999. He was the driving force in bringing back the highly successful summer Multi-Sport Clinic, one of his greatest achievements for the benefit of Colorado coaches. He was director of the clinic for many years and, after a few years off, is back as the Director again. He has been a vital member of the Board of Directors of the CHSCA for twenty years. The NHSACA was pleased to have Coach Brown as the Host President for their National Convention in Denver in 1992.

Board of Directors

Officers-Executive Board

<i>President</i>	Dave Forster, Centauri
<i>President-Elect</i>	Becky Mudd, Denver Christian
<i>Secretary</i>	
<i>Treasurer</i>	Tom Southall, Cherokee Trail
<i>Immed.Past President</i>	Joe Johnson, ThunderRidge
<i>Executive Director</i>	John Burke

Directors/Past Presidents

<i>Through 2011-2012</i>	Bob Marken, Buena Vista
<i>Through 2010-2011</i>	Gary Childress, Grandview
<i>Through 2009-2010</i>	Richard Geddes, Liberty
<i>Through 2008-2009</i>	Tom Southall, Eaglecrest

Directors At-Large

<i>Through 2011-2012</i>	
<i>Through 2010-2011</i>	Eric McCrae, Rocky Ford
<i>Through 2009-2010</i>	Ed Easton, Roosevelt
<i>Through 2008-2009</i>	Doug Lick, Roosevelt

Directors Emeritus

<i>Ad Libitum</i>	Ray Barron
<i>Ad Libitum</i>	Dick Katte
<i>Ad Libitum</i>	Ed Kintz
<i>Ad Libitum</i>	Warren Mitchell
<i>Ad Libitum</i>	Ken Moore
<i>Ad Libitum</i>	John Miles
<i>Ad Libitum</i>	Herman Motz
<i>Ad Libitum</i>	Dale Yost

Sport Group Representatives

<i>Basketball Boys</i>	Jim Altergot, Highland
<i>Basketball Girls</i>	Randy Earl, Berthod
<i>Football</i>	Andy Lowry, Columbine
<i>Golf</i>	Jim McCord, ThunderRidge
<i>Ice Hockey</i>	David Labbett, Kent Denver
<i>Soccer</i>	Tony Hurt, Heritage
<i>Softball</i>	Bob Bledsoe, Erie
<i>Spirit</i>	Karen Bryan, Rock Canyon
<i>Strength</i>	Patrick McHenry, Ponderosa
<i>Swimming ,Diving</i>	Ron Johns, Chatfield
<i>Swimming ,Diving</i>	Stringy Ervin, Littleton
<i>Tennis Advisor</i>	Jim Tucker, Englewood
<i>Tennis</i>	Diane Wolverton, Northglenn
<i>Track/XC</i>	John Hancock, Mullen
<i>Volleyball</i>	Bonnie Wallin-Kuntz, Otis
<i>Wrestling</i>	Conrad Parra, Aurora Central

Representatives

<i>Athletic Directors</i>	Bob Graf, Woodland Park
<i>Western Slope</i>	Don Miller, Glenwood
<i>Four Corners</i>	Vernon Kimball, Bayfield
<i>Retired Coaches</i>	Robert Smith, Wray

Special Assignments

<i>Master of Ceremonies</i>	Tiny Koehler, Niwot
<i>Baseball Clinic</i>	Bill Percy, Mitchell
<i>Wrestling Clinic</i>	Greg Maestas, Grandview
<i>Track Clinic</i>	John Hancock & Tom Southall
<i>Tennis Clinic Director</i>	Kirk Price, Cherry Creek
<i>Summer Clinic Director</i>	Chris Brown, West Grand
<i>All-State Games Dir.</i>	Sandy Beasley, Westminster
<i>Colorado Coach Editor</i>	Herman Motz

Table of Contents

Cover Story	2
Director's Column	4
President's Message	5
Membership & Clinic Registration Form	6
Extra Points	7
CHSCA Calendar	8
Spring Championship Coaches	9
Track Clinic Flyer	10
CHSAA Notes	11
Girls' Basketball	14
Soccer	15
Swim Clinic Flyer	18
Isle of Capri Hotel Reservation Form	19
Wrestling Clinic Flyer	20
Ice Hockey Flyer	21
Boys' Basketball	22
K-Lawn Ad.	22
Football	23
Wrestling	23
Football Fueling	24
Athletic Director Report	25
Track and Field & Cross Country	25
Volleyball	26
CHSCA Hall of Fame	28
Coaching Awards Update	33
Special Awards	35
Teacher-Coach Award	37
Sports Group Awards	39
Continuing Education	40
Scholarships	41

The Colorado Coach
Editor: Herman A. Motz
3375 S. Clinton Ct.
Denver, CO 80231
303 755 1354
Fax 303 755 9404
motzart2@aol.com

FOR COACHES ONLY

None of us entered this esteemed profession to get rich or to be patted on the back for our efforts. Indeed, we all jumped into the coaching fire for the things we could do for, and the influence we can exert on, the young people in our charge. While the opportunity to work with other solid citizens and have a secure and regular paycheck were meaningful, the overriding emphasis in our participation is what we can do for the kids.

It is precisely for this reason that **YOUR** organization, the Colorado High School Coaches Association, is so special. The CHSCA exists for the benefits and opportunities available to you, its members. You are reading this article in the organization's regular publication, the *COLORADO COACH* magazine, courtesy of editor and publisher Dr. Herman Motz. This magazine provides quarterly ideas, information and congrats to those who belong to the CHSCA.

In our state there is one state-wide Hall of Fame for coaches, and it is conducted by this organization. Many of our colleagues as well as those who built prep athletics in Colorado are already members and some time in the future you may be considered for induction. If so, you will be considered for the only Hall of Fame for Colorado high school coaches. Without the CHSCA there is no method of honoring our peers with a hall of fame designation.

Throughout the year there are sport specific clinics conducted by the CHSCA as well as the annual summer multi-sport clinic under the direction of Chris Brown. These clinics, often with CHSAA involvement, provide our coaches with the opportunity to stay on top of the intricacies of their respective sport or sports.

As a benefit to our members each of you is covered with a one million dollar liability policy that protects you during your coaching time as well as covers our coaches during the myriad of camps you conduct in an effort to improve your programs. This benefit alone indicates how special you are as a coach.

One of the finest examples of honoring our coaches is the chance to select and even coach in the annual All-State Games held each summer. Under the astute direction of Ms. Sandy Beasley, as a member you may nominate and vote on the teams' athletes and perhaps even coach in the Games. Without the CHSCA there are no All-State Games and there is no chance for any of us to coach in them.

Speaking of the student-athlete, the All-State Games are not the only chance for us to do things for the kids as well as the coaches. The Gatorade Scholarship Program honors those special student-athletes with financial support as they head to college. These students are honored only if their coach is a member of the CHSCA.

The CHSCA does indeed exist to honor its members. The money we raise and the efforts we put forth will be directed to those coaches who are willing to join and assist the organization. You can help by joining the CHSCA, encouraging your coaching peers to do the same and continue to be the best coach you can be. Have a great start to the school year!

John Burke, Executive Director
Colorado High School Coaches Association

PRESIDENT'S MESSAGE

Dave Forster, Centauri High School

Fellow coaches,

It was great to see the turnout at the Multi-Sport Clinic and be able to interact with you there. Chris Brown and John Burke put on a first class clinic, along with the help of the sports presidents. Also, much appreciation to Gary Childress and Grandview High School for hosting us for the weekend. I came away with many great ideas that I want to try with my team.



Part of my responsibility as the president of CHSCA is to write an article for this year's editions of the *Colorado Coach*. Knowing that assignment was upcoming, here are some of my thoughts from the spring and summer.

I was able to attend the Hall of Fame banquet in March and welcome those in attendance. If you haven't been to one of these, you are missing a memorable and inspirational evening, because we really do have "giants" in our coaching profession. The thing that capped the night for me was the induction of Larry Zaragoza, Alamosa's track and cross country coach who was also my supervising teacher at Centauri for student teaching.

Speaking of coaching achievements, I know some of you are frustrated with us trying to update your awards. Please have patience, that is one of Coach Burke's top priorities. We did have a serious problem when our plaque maker went out of business, but as soon as we get caught up, they will be mailed to you.

At Mesa State basketball camp in June, Coach Dick Katte from Denver Christian was there with his wife and team. We talked at lunch one day and he told me that his daughter lived in Grand Junction so it was a multipurpose trip for him, to see family and get his team ready for their season. Even though I have coached basketball here in Colorado for almost 30 years, it was fun and a privilege to sit and talk a little basketball with him.

Did you see the article in *Sports Illustrated* entitled "The Death of High School Athletics"? It talked about the funding drying up for athletics in school districts in the eastern U.S. and how coaches were involved in fund raising to keep those programs afloat. In other articles, gas prices had a huge impact on summer travel for club teams and teams going to tournaments. I have no answer for these situations, even with prices easing a bit from \$4 a gallon, other than to say that we need to establish a rapport with our AD's and administration so we can continue to fight for our programs and understand where they are coming from.

How about the Olympics? Some of my most memorable moments were Stephanie Trafton winning the discus on her first and best throw, even though she was our last qualifier; Michael Phelps and Usain Bolt blowing up world records; the women cyclists riding in a downpour; our gold medal women gymnasts interaction with each other and the Chinese; the beach volleyball women ("No, not the bikinis," that's what my wife says.) trying to repeat as gold medalists and our gold medal basketball teams. The women really are the gold standard and the "Redeem Team", along with Coach K and his staff, played unselfish team basketball and took the gold home. It seems to me that there is a parallel between our kids and these Olympians as they dedicate four years of hard work to making a dream come true, most of the time not for money or glory, but for the love of their sport.

So, as the presidential gavel is passed to me from Coach Joe Johnson of ThunderRidge, many thanks to him for his dedication. Also, I pass on to Sandy Beasley all the compliments I heard about the All State Games and thank her for many years of making them so memorable for our athletes. I would also recognize our education director, Dr. Rick Bettger and commend him for the liaison he has made for us with CSU. We, as an organization, with John Burke as Executive Director and Tom Southall as the Treasurer, along with all those others that have served us for years, can look forward to a period of growth and stability.

May your principal be your biggest supporter and may your parents share your vision. Be sure to thank your partner, wives and husbands, for allowing you to have the time to coach. You touch the the future through your athletes. What a privilege! Best of luck to you and your teams this season.



COLORADO HIGH SCHOOL COACHES ASSOCIATION

2008-09 Clinic Signup & Membership Form

CLINIC REGISTRATION

(you must belong to attend any clinic)

CLINIC FEES	Pre-Register	On Site
Active Member	\$30	\$40
Retired Member	\$30	\$40
Associate Member	\$30	\$40
Youth Coach	\$30	\$40

SPORT CLINIC:	WRESTLING (Nov.7&8, 2008) SWIMMING,(11-8-08), HOCKEY, (11-8-08) TRACK / CROSS COUNTRY (Feb. 09) MULTI-SPORT (Summer, 09)
(Mark those you are paying for)	

Coaches:

The Colorado High School Coaches Association, YOUR state coaches representative, is conducting our annual membership drive. Please consider the benefits of joining the CHSCA as our membership includes the official card that permits admittance to any district, regional or state event sponsored by the Colorado High School Activities Assn or any of its member schools as well as the directory listing coaches' contact information. In addition, you will be eligible for the numerous awards provided by the CHSCA, eligible to coach in the All-State Games, the one million dollar liability insurance policy and will receive a reduced rate for attendance to CHSCA sponsored clinics. Most of these clinics provide an opportunity to take college credit hours as well. It is important to remember that you must join the CHSCA to attend any of the CHSCA sponsored clinics.

Please determine the amount you owe (membership and clinic cost) and send to John Burke, executive director, at the address listed at right. Thanks very much.

John Burke
Executive Director

Office Use Only			
Check Number	School	Personal	Other
Amount	Date Paid		

MEMBERSHIP REGISTRATION FORM

(Runs August 1, 2008 to July 31, 2009)

MEMBERSHIP TYPE		COST
Active Membership	Head Coach	\$70
	Asst Coach	\$70
	Middle School Coach	\$70
	University Coach	\$70
	Athletic Trainer	\$70
	Strength & Conditioning	\$70
	Athletic Director	\$70
Retired Membership	Retired Coach	\$25
	Directory	\$10
Associate Membership	Sponsor / Advertiser	\$100
	Official / Referee	\$70

PLEASE PROVIDE THE FOLLOWING INFORMATION:	
First Name:	
Last Name:	
Home Address:	
City:	
State:	Zip:
Home Phone:	
Work Phone:	
Email Address:	
School Affiliation:	
Sports You Coach:	Fall
	Winter
	Spring
Check One:	New Member
	Renewal

Mail Form and Check To:	
	CHSCA
	PO Box 5745
	Peoria Az 85385

The Colorado High School Coaches Association: HOME TO THE COLORADO HIGH SCHOOL ALL-STATE GAMES

John Burke, Executive Director



jburke24@cox.net

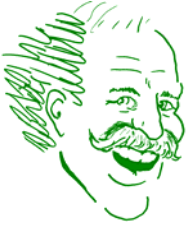
602-978-5919 Phone

602-896-1794 Fax



COACHES: WE NEED YOUR EMAIL ADDRESS: PLEASE PROVIDE IT HERE- THANKS!

EXTRA POINTS



HIDE AND SEEK ATHLETES

By Herman A. Motz

It was good to hear Gary Zimmerman, the former great Denver Broncos left tackle actually say a few words on the occasion of his induction into the Pro Football Hall of



**The Denver Post
Sunday August 3, 2008**

Fame, August third at Canton, Ohio. No one was able to get him to talk when he was playing. He came into college thinking that he was going to be a linebacker and was surprised to find out that he was an offensive tackle instead. He quoted the Dalai Lama as saying, "Remember that not getting what you want is sometimes a wonderful stroke of luck." *It was for him.* He was one great tackle. He was hardly heard or seen though. Now he hides out in the northwest somewhere.

Summer TV is more-or-less tedious and dull, but the Summer Olympics give us a chance to see some sports and athletes that we don't ordinarily see. Four years is a long time to wait to see some really great athletes.



We were fortunate to sit and talk to the surprising and colorful Olympic Greco-Roman wrestler, Rulon Gardner, who had spoken at a benefit breakfast. He won a gold medal defeating the previously unbeaten Russian, Alexander Karelin in the 2000 Sidney Olympics. We had to wait another four years to see him again in the Athens Olympics where he won a bronze medal. What a story his life is and what a genuinely good person he

seems to be. It is a miracle he lived long enough to go to the previous two Olympics. We saw him again on TV in Beijing, but not as a participant.

I thought beach volleyball was a pick-up game where most of the guests at your party were doing things that took a great deal less effort than volleyball and only four people would reluctantly play. I found out it was a very strenuous game, played as an Olympic contest Karch Kiraly won a gold medal in the sport in the 1996 Atlanta Olympic Games. Karch Kiraly was the only volleyball player in Olympic history to win three Gold medals, having been part of the United States' Gold Medal indoor teams in 1984 and 1988, and winning the Gold Medal in beach volleyball at the 1996 Atlanta Olympic Games with Kent Steffes as his partner. In the current games here is Karch Kiraly acting as a commentator for American beach volleyball. He really likes the superb team of Kerri Walsh and Misty May. I'm sure they will come out of hiding again in another four years.

After not seeing Michael Fred Phelps on TV for four years, there he was every day for a week, big as life. Every four years he comes out of hiding, better than he was before. He would be a coach's dream. If you were special-ordering him you would specify tall and lean with powerful shoulders and extra long arms. His wing span is six feet, ten inches. His ankles are double-jointed so he can use his feet like fins. His feet are huge, size fourteen. (That's the only one of his specs that I can match.) His heart pumps gallons of blood per minute. He swims five hours every day. If a person could burn it all off, it would be fun to eat the way he does, twelve thousands calories a day. *"Don't try this at home!"*

I've been waiting a long time for Basque Pelota to come back as an Olympic sport. It must have been a really tough sport. There were only two entrants in 1900 and the sport was never brought back. There is another Olympic sport that has been discontinued since 1920, Tug of War. It would be a great sport for a bunch of NFL tackles like Gary Zimmerman. They could really use their weight and strength. They could some 1950 mud cleats for traction. It will probably stay in hiding. Roque went into permanent hiding in 1904. Jue de Paume did the same in 1908.

Lance Armstrong used to come out of hiding once every year at Tour de France time. He never did much at the Tour until he had his battle with cancer. He came back from that with unbelievable will and courage and won an unprecedented seven Tours de France in a row. His heart beat was slow and strong, (32-34 beats a minute). He had quite an appetite too. He ate unbelievable amounts of pasta. I wouldn't mind eating a lot of pasta if I didn't have to ride a bike for several hundred miles, **up hill.**

Back to baseball, basketball and football, but a game of hide and seek is a welcome change.

CHSCA 2008-2009 –YEARLY PLANNER

September, 2008

- 1 Articles due for *Colorado Coach*
- 14 9 am Hall of Fame Meeting
10 am – **Board of Directors Meeting**
CHSAA Office Building

October, 2008

No Board Meeting

November, 2008

- 2 **Board of Directors Meeting**
10 am, CHSAA Office Building
- 7-8 Wrestling Clinic, Gilpin County
High School, Blackhawk
- 8 Swim and Diving clinic Gilpin County
High School, Blackhawk
- 8 Hockey Clinic, Gilpin County
High School, Blackhawk

December, 2008

- 1 Articles due for *Colorado Coach*
- 7 9 am **Board of Directors Meeting**
10:30 am All-State teams picked,
Westminster High School

January, 2009

No Board Meeting

- 17 Scholarship applications deadline

February, 2009

- 6-7 Track and Field Clinic, Red Lion Hotel
I-225 and Parker Rd.
- 8 10 am **Board of Directors Meeting** ,
CHSAA Office Building

March, 2009

- 1 Articles due for *Colorado Coach*
- 15 9 am - **Board of Directors Meeting**
10: 30 am - All-State wrestling and
basketball selections, Westminster
High School
- 28 6:30 pm - Hall of Fame Banquet
- 29 11 am Gatorade Scholarship
Luncheon, Red Lion Hotel, 3200 S.
Parker Rd.

April, 2009

No Board Meeting

May, 2009

- 3 9 am- **Board of Directors Meeting**
10:30 am - All-State Games Coaches
Meeting, Westminster High School

June, 2009

- 12 6 pm Greeley - All-State Games Kickoff
Banquet
- 13 All-State Games Festival

July & August, 2009

TBA Multisport Clinic



2008 SPRING SPORTS CHAMPIONSHIP COACHES



Girls Soccer

Class	School	Coach
3 A	Faith Christian	Amber Jenkins
4 A	Silver Creek	Sarah Friend
5 A	Grandview	Bruce Brown



Girls Golf

Class	School	Coach
4A	Colo. Academy	Beth Folsom
5A	Highlands Rch.	James Barker

Girls Lacrosse

Class	School	Coach
All	Cherry Creek	Cayel Dwyer



Boys Lacrosse

Class	School	Coach
All	Kent	Tom Graesser



Girls Track and Field

Class	School	Coach
2A	Lyons	Mark Roberts
3A	Classical	Tim Daggett
4A	Thompson Vy.	Matt Norton
5A	Montbello	Wayne Vaden



Boys Track and Field

Class	School	Coach
2A	Dayspring Chr.	Harley Lowe
3A	Platte Canyon	Chris Hendrick
4A	Longmont	Tim McIntire
5A	Arapahoe	Stewart Lienemann



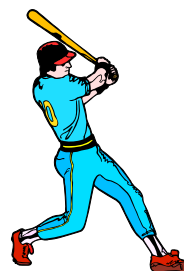
Boys Swimming

Class	School	Coach
4A	Silver Creek	Debbie Stewart
5A	Regis	Michael Doherty



Girls Tennis

Class	School	Coach
4A	Niwot	Dave Adams
5A	Cherry Creek	Chris Jacob



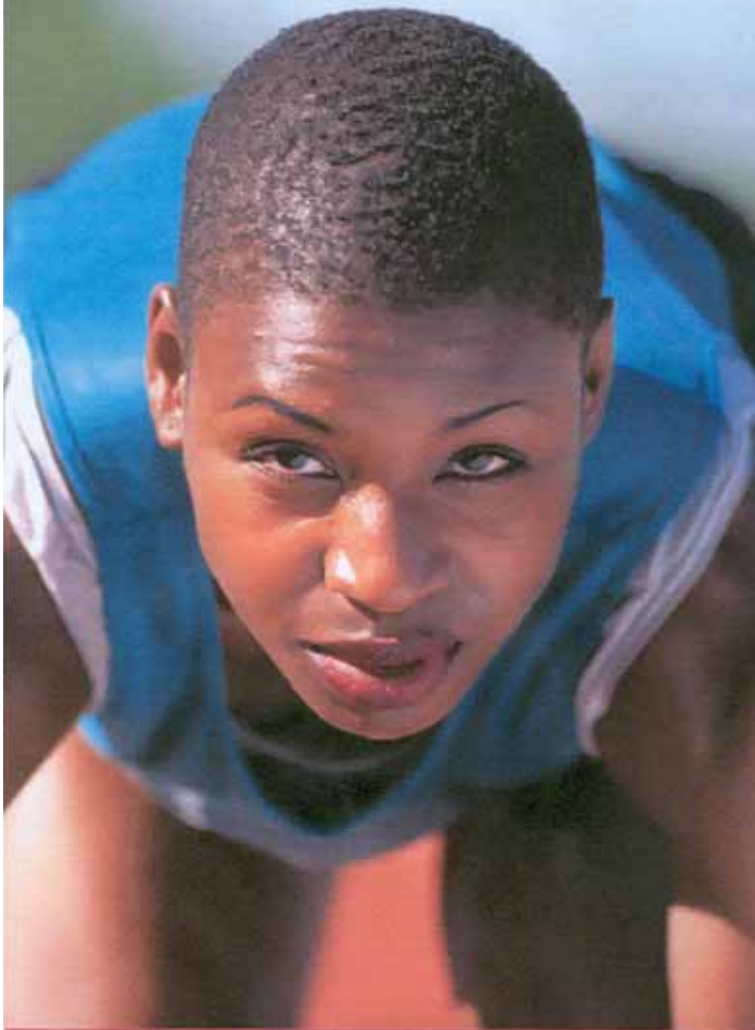
Boys Baseball

Class	School	Coach
1A	Eads	Billy Koehler
2 A	Custer County	Steve Schultz
3 A	Eaton	Jim Danley
4 A	Ralston Valley	Shane Freehling
5 A	Rocky Mountain	Scott Bullock



COLORADO 2009 TRACK & CROSS COUNTRY COACHES CLINIC

JOHN HANCOCK, TRACK & CROSS COUNTRY PRESIDENT



**FEBRUARY 6 & 7, 2009
RED LION HOTEL
I-225 SOUTH & PARKER ROAD**

**A PROFESSIONAL GROWTH
OPPORTUNITY!**

**DOOR PRIZES
NEW PROGRAM IDEAS
VENDORS & PRODUCTS
KEYNOTE SPEAKERS
MEET COLLEAGUES**

**MEETS THE HEAD COACHES CLINIC
RULE REQUIREMENTS AS MANDATED
BY CHSAA.**

FOR CLINIC INFO:

John Hancock
mustangtrack@msn.com
303.987.1276

FOR REGISTRATION:

John Burke
jburke24@cox.net
602.978.5915

FOR COLLEGE CREDIT:

Dr. Rick D. Bettger
pine903@aol.com
970.879.1592

MEET COLLEAGUES FROM ACROSS THE COUNTRY AND SHARE IDEAS!

CHSAA NOTES

**Compiled by Bert Borgmann
Assistant Commissioner**

On behalf of the CHSAA staff and Executive Committee, welcome to the 2008-09 school year, we want to wish you great success in the upcoming school year and want you to know how much we appreciate what you do for kids.

A quick note of congratulations to all the spring state championship coaches. It was a great spring for our students and you all play such a crucial role. Take a moment to bask in the glory of past achievements.

Please be aware of the transfer rule and that you know how your student athletes got to your team. Help your athletic director spot those students who may have transferred since the end of last season. **It is the responsibility of each coach to understand this rule and its implications as well as any other rule that affects a student's eligibility.** If a student played at a school other than yours last year, they need to be checked for the circumstances of their appearance on your roster. If you have a student out for your team that you do not remember from last year, find out if they transferred in and make sure your AD knows.

The annual CHSAA Sportsmanship Summit will be held Monday September 15 at the Cleo Parker Robinson Dance Studio (119 Park Avenue, Denver). The work that you and your school have done to improve sporting behavior is evident, but we need to continue to work at continuing to improve in this area and addressing the areas that need help the most. Contact your AD to get involved. It starts at 8:30 a.m. A special feature this year is a public address announcer's clinic to explain that person's role in sportsmanship. PA announcers attending that clinic may be considered for state playoff assignments through the CHSAA office.

This year starts a new competitive cycle and many playoff formats have changed. Make sure you have familiarized yourself with the qualifying procedures in your sport.

Please remember to participate in the CHSAA's online officials evaluation program. The lead official in all sporting contests has been instructed to provide you and the opposing head coach with a business card with the names of each of the game officials. Please make a part of your post game ritual the evaluation of the game officials. Then at the conclusion of the regular season, you will be asked to select those officials you feel in your opinion were the best.

The time it takes to access the forms on our website and then fill them out will take no more than five minutes. Your participation in this evaluation program is essential to making officials accountable during the regular season and then helps us find the best officials for our post season officiating assignments.

Go to coaches' corner on www.chsaa.org and click on the Officials' Rating Evaluation Card.

This is the time of the year that the CHSAA office compiles its nominations, in conjunction with the CHSCA, for the NFHS coach of the year in each sport. Please make sure you get your nominations in to your sport president right away.

The chart below lets you know what the assignments within the CHSAA Office are:

Bill Reader, Commissioner (Assistant: Patty Sonnleitner) (Local Association Organization Committee, Executive Committee, Board of Control, Budget, Hardship Waivers, Handbook, Legislature, Personnel)

Paul Angelico, Associate Commissioner (Assistant: Kim Rose) (Gymnastics, Boys' Lacrosse, Tennis, Speech, Coaching Registration, Skiing, Foreign Waivers, Merchandise Sales, Directory)

Bert Borgmann, Assistant Commissioner
(Assistant: Lisa Cunningham Austin)
(Baseball, Basketball, Softball, Boys' Soccer,
Hall of Fame, Media Relations, Programs,
Records/Championship Results)

Rhonda Blanford-Green, Assistant Commissioner (Assistant: Jane Boudreau) (Cross Country, Ice Hockey, Spirit, Track & Field, Corporate Relations, Equity/Title IX Coordinator, Recognition Programs, Academic Team/All-State)

Tom Robinson, Assistant Commissioner (Assistant: Monic Tillman) (Golf, Officials, Officials' Fees Committee, Sporting-like Behavior, Officials' Organizations)

Bethany Schott, Assistant Commissioner (Assistant: Michele Sobczyk) (Field Hockey, Music, Swimming, Volleyball, Cooperative Programs, Participation Survey, Girls' Lacrosse)

Harry Waterman, Assistant Commissioner (Assistant: Sharon Aguilar) (Football, Girls' Soccer, Wrestling, Student Council, Athletic Directors Association Liaison, Playoff Sites)

Other Key Personnel:

Donna Welch, Bookkeeper

Audra Peterson, Mail Room/Inventory Control

Remember to count your games. If your team plays too many games, it will immediately become ineligible for playoffs. There is NO APPEAL to this by-law so your team will not play in the playoffs if you violate the game limits in your sport.

A great source of sports specific information is the CHSAA's website, which is loaded with all the administrative information you need for the season. The www.chsaa.org website. On this site, you will find bulletins, CHSAA Constitution and By-laws, playoff information and much more.

Just a reminder:

Academic Awards

Academic All-State Honors Award. Students with grade point averages of 3.3 to 3.59 receive Honorable Mention, while students with grade point averages higher than 3.6 receive First Team honors. Information can be found in the CHSAA Form Book. (Contact: Rhonda Blanford-Green)

Academic Team Champions. Teams and/or groups with grade point averages of 3.2 or higher are eligible for this program. A team champion is declared in each of the CHSAA's sanctioned activities and in all classifications. Nominations are due seasonally (see CHSAA calendar). (Contact: Rhonda Blanford-Green)

Weekly Recognition

IBM High School Heroes Award. Students, coaches/sponsors, administrators and officials may be nominated for this award each week. Recipients must have excelled in their sport or activity, be strong academically and contribute to the welfare of their school and/or community. Nominations accepted through the fall sports season only (see Form Book). (Contact: Rhonda Blanford-Green)

Special Awards

CHSAA Hall of Fame Award. The Association's most prestigious honor, the Hall honors the lifelong achievements of those people who are most representative of the ideals of interscholastic participation. Past inductees include Earl "Dutch" Clark, U.S. Supreme Court Associate Justice Byron White, John Rivas, Frank Sferra, Bette Lunn, Alice Barron, Jayne Gibson-McHugh and Tracy Hill. Nominations are due in May, with selection in September. (Contact: Bert Borgmann)

Local Distinguished Service Award. This award is given to anyone who is nominated by a school for service at the local and regional level. These persons may or may not be considered Hall of Fame nominees. In the past schools have nominated the scorekeeper who

has been with the program for many years, or the custodian who goes out of his/her way to assist the after school programs. (Contact: Bert Borgmann)

20-Year Service Award. Athletic administrators, trainers, coaches, advisors or moderators, athletic directors or athletic secretaries who have 20 years of service related to athletics and/or activities may be nominated for this award. The 20 years of service may have been accumulated at two or three schools and/or a combination of areas. (Contact: Bethany Schott)

30-Year Service Award. Athletic administrators, trainers, coaches, advisors or moderators, athletic directors or athletic secretaries who have 30 years of service related to athletics and/or activities may be nominated for a this award. The 30 years of service may have been accumulated at two or three schools and/or a combination of areas. (Contact: Bethany Schott)

School Programs

Farmer's Insurance Most Valuable Participant.

This award will select 12 student-participants each month to represent Farmer's Insurance as valuable participants. Monthly winners will be presented a certificate and will be eligible for a \$1,500.00 scholarship to be awarded to one male and one female at the end of the school year. Selection will be based on activity participation, grade point average and community service. (Contact: Rhonda Blanford-Green)

CHSAA TEAM CAPTAIN STUDENT - ATHLETE LEADERSHIP PROGRAM

A program to provide leadership training for student-athletes in Colorado's high schools who serve as team captains or in leadership roles on their respective school athletic teams. To provide a program with a leadership training curriculum and discussion board that allows student-athlete leaders in Colorado and nationwide an avenue to access and to assist

each other to develop as leaders. To transform leadership training for student-athletes into an ongoing educational support system by partnering with "The Team Captains Network" website (www.teamcaptainsnetwork.com).

The first 50 high schools, through their athletic department (Director of Athletics and coaching staff), would select those team captains or other individual student athletes they want to participate in the *CHSAA TEAM CAPTAIN STUDENT - ATHLETE LEADERSHIP PROGRAM*.

The program will provide key training to coaches regarding the goals of the program and actively assist in the training of these student leaders and coaches.

Interested schools should contact Harry Waterman at CHSAA to get more information and the opportunity to have their school participate.

At the beginning of each school year, the CHSAA provides schools with lots of material in the "school box."

There are a number of rules that you need to continually stay on top of, including Academic Eligibility, Semesters, Physical Exams, Sunday Contact, Nine Days Practice, Transfer. The handbook, in conjunction with you sports bulletin, are the most effective tools to running a safe program. Make sure you utilize these sources.

Please accept our best wishes for a successful fall season!



GIRLS BASKETBALL

Becky Mudd
Denver Christian HS



COMMITMENT

“Don't like your nose? Get a new one. Don't like your job? Get a new one. Don't like your spouse? Get a new one. Whatever happened to commitment? To standing by our decisions.” Have you seen this Hyundai commercial? It struck me when I saw it, and I thought a lot about coaching. From talking to so many of you coaches over the past year, it seems that athletes' COMMITMENT is a tough issue that all of us are facing. Players are missing practices and games for everything imaginable. Here are my personal favorites:--to visit a friend or family member-- “I don't get to see them very often”--to go on a trip somewhere—you know “the chance of a lifetime” excuse --to be at another sporting event-- “I have a game with my other team so that trumps your practice”-- to go to ?? “I scheduled (insert WHATEVER here)”--as if our AD's put out our schedules the week before! The prevailing attitude amongst some of our athletes and their parents is a very selfish one, that whatever is best for THEM is all that matters, TEAM is second, and consequences shouldn't be part of the formula.

I know what some of you are thinking: cut the kids who can't commit! (While I LOVE coaching at a smaller school, sometimes I envy the programs who have so many players that they can just select their teams with those girls who would never dream of missing a practice or game.) But for some programs, we don't have a numbers luxury so we must really work on commitment. And, I contend that even for teams selected with girls who will always be present, there will come opportunities to build commitment (when playing time is scarce, when wins are few, when relationships are rocky.)

Here are some suggestions for building commitment (and if any of you have some more, please share them with me as I am still learning EVERY year!)

- Model it. You must tell them and show them that you are committed to them. You'll be there, you'll be prepared, you'll work hard for them- so you expect the same in return.
- Be clear about expectations at the beginning. (Practice is important, it takes a lot of time and organization to be involved, it takes a FAMILY commitment- especially for the younger players who don't drive yet.)

Spend time with each player letting her know her

- specific role.
- TALK ABOUT IT! The more that players buy into

- What you are doing and what your team goals are, the more excited they are to be a part of it. The more that players own their season, the more committed they will be.
- Don't skimp on recognition.
- Set up a scenario showing them what it would look like if each girl could do whatever she wanted. (If each girl skipped 3 practices due to whatever then...)
- Keep your schedule. It shows them that it is reliable and that they are expected to be at everything on the schedule (no surprises.)
- Explain to parents and players that **your** commitment is to the TEAM. When a player makes a decision to be gone, it not only affects them, but all of the players around them. It forces the coach to deal with the situation, and your resulting action is what is best for the TEAM.
- Be consistent. Starter or last person off the bench, all have same expectations of commitment to the team.
- Talk regularly with each player. It keeps everyone plugged in.

Contrary to what some parents want, it is OK to demand commitment. Helping kids learn that life is full of choices, and that there are outcomes associated with those choices, is NOT a bad thing. And it is our hope as coaches that the results of doing so won't just make for perfect attendance at practice and games, but will result in young women who know what commitment is, how to commit, and how to stick with it even when times are tough. This commitment will help develop them into better students, future employees, future wives and moms. (Yet again, sports are creating an awesome task, but also an awesome opportunity!)

Thank you to all of you coaches who have committed so much to high school girls in Colorado. Especially to Kerry Sayles-Hi Plains, our CEAL BARRY AWARD winner, Ron Rossi-Holy Family, our CHSCA Coach of the Year, and to all of the coaches who coached in the all-state games this past summer.

It has been my privilege serving on the CHSCA Board. I have learned a lot, and have been inspired to be better. Welcome to Randy Earl of Berthoud HS who will now take over as the new Girls' Basketball President.

Have a great year and season.



SOCCER

Tony Hurt
President CHSSCA
Heritage High School



As part of the multi-sport clinic at the end of July, the soccer coaches hosted a National Soccer Coaches Association of America (NSCAA) High School Diploma course at Arapahoe High School. Topics addressed included team management and philosophy, risk management, working with athletic directors, team and player development as well as a variety of technical and tactical field sessions. The course was led by staff coaches from the NSCAA including Doug Williamson, Jeff Vennell, Paul Payne, Colleen Suflay, Andy Boger together with Theresa Echtermeyer (Mountain Vista High School). More than 70 Colorado high school soccer coaches participated in the 21 hour course, making it the largest NSCAA High School Diploma course ever to have been held in the U.S. Thanks to all of you who attended and made the weekend so successful.

During the clinic weekend we also hosted the soccer All State games at Littleton Public Schools stadium, showcasing the top girl and boy high school players (3A, 4A, and 5A) from across the state. Coaches completed a match analysis of the girls' game as part of the NSCAA course. We would like to thank Mark Hampshire (Arapahoe High School) for all his work in coordinating the All State games.

This year's recipient of the Tracy Fifer Service to the High School Soccer Community Award is Peter Horvath, the longtime girls' and boys' soccer coach at Columbine High School who recently retired. Peter was one of the team coaches for the boys All State game and he was presented with the award prior to that game.

Good luck to all boys' coaches as you embark on this fall season. Our All State selection meeting will be held on Saturday, November 8, at Heritage High School, at 10 a.m.

Colorado High School Soccer Coaches and NSCAA instructors at the NSCAA High School Diploma course, July 2000



**COLORADO HIGH SCHOOL SOCCER COACHES ASSOCIATION
2008 ALL-STATE GAMES**

BOYS BLACK TEAM		Position	High School	Grade	College
Inj	Chris Kocel	Defender	Cheyenne Mountain HS	12	Loyola-Chicago
#2	Scott Kocel	Midfield	Cheyenne Mountain HS	11	
#3	Sean O'Connor	Defender	J.K. Mullen HS	12	University of San Diego
#4	Travis Boccard	Midfield	Broomfield HS	12	Colorado College
#5	Peter Freeman	Midfield	Niwot HS	12	Colorado Mtn. College
#6	Stephen Solano-Cargill	Forward	Smokey Hill HS	10	
#7	Cole Chapliski	Forward	Broomfield HS	10	
#8	Tommy Fritze	Midfield	Chatfield HS	12	Bradley University
#9	Tyler Corley	Defender	Peak To Peak	12	
#10	Gregory Borchers	Defender	Peak To Peak	12	Univ. of Minnesota-Morris
#11	Alec Peter	Midfield	Kent Denver	12	Univ The South-Sewanee
#12	David Armstrong	Midfield	Rangeview HS	10	
#13	John Lamb	Defender	Heritage HS	12	Univ of Colorado-Boulder
#14	Benjamin Glass	Midfield	Cheyenne Mountain HS	10	
#15	David Enger	Defender	Cheyenne Mountain HS	12	Indiana Wesleyan Unive
#16	Preston Davis	Forward	Legacy HS	12	McPherson College
#17	Daniel Whittle	Forward	Lewis Palmer HS	12	Univ. Colorado-Boulder
#18	Robert Durschang	Midfield	Cherry Creek HS	10	
#19	Matthew Karn	Defender	Pueblo Centennial HS	12	Univ. of Tampa
#20	John Ikard	Forward	Heritage HS	11	
GK	Scott Brown	GK	Kent Denver	12	St. Mary's College, Calif.
GK	Phillip Rendell	GK	J.K Mullen HS	10	
GK	Joshua Euell	GK	Rangeview HS	11	

Coached by: Danny Windsor(Smokey Hill), Jim Davidson(Broomfield), Peter Horvath(Columbine)

BOYS WHITE TEAM		Position	High School	Grad	College
#2	Tommy Tucker	Forward	Pine Creek HS	12	Northwestern University
#3	Paul Guilan	Midfield	Pine Creek HS	12	Univ. of Northern Colo.
#4	Zachary Paul	Midfield	Alexander Dawson	12	Univ. of Denver
#5	Ian Sutton	Forward	Middle Park HS	12	Colo. School of Mines
#6	Alex Tarnoczi	Midfield	Rock Canyon HS	11	
#7	Javier Salome	Forward	Liberty HS	11	
#8	Zachary Portillos-Grant	Forward	Grandview HS	10	
#9	R.J. Parke	Defender	Durango HS	12	
#10	Dustin Geist	Forward	Durango HS	11	
#11	Jose Ordaz	Midfield	Alexander Dawson	11	
#12	Christopher White	Midfield	Rock Canyon HS	12	Univ. of South Carolina
#13	Nick Croley	Forward	Rock Canyon HS	11	
#14	Scott Branson	Defender	Rock Canyon HS	11	
#15	Ryan Snyder	Defender	Grandview HS	12	Northeastern State Univ., Ok.
#16	Scott Kisling	Defender	Liberty HS	10	
#17	Kyle Woodson	Defender	Liberty HS	12	Yavapai Junior College
#18	Joey Madigan	Forward	Arapahoe HS	12	Georgia Southern Univ.
#19	Dustin Beane	Midfield	Arapahoe HS	12	
#20	James Martinez	Defender	Golden HS	12	Regis University
GK	Marc Morris	GK	Durango HS	11	
GK	Zachary Solis	GK	Canon City HS	10	
GK	Brian Sherpe	GK	Grandview HS	12	Whitworth University

Coached by: Ken Ebersole(Centarus), Scott Emrich(Durango), Ed Buteyn(Denver Christian)
Referees for the game were: Connor McGahey, Kim McGahey, Andrew Bilder

COLORADO HIGH SCHOOL SOCCER COACHES ASSOCIATION 2008 ALL-STATE GAMES

GIRLS BLACK TEAM		Position	High School	Grade	College
#2	Bella Hartley	Midfield	Wheat Ridge HS	9	
#3	Cailee Osterman	Forward	Lewis-Palmer HS	12	University of St. Thomas
#4/inj	Stephanie Durbin	Midfield	Lewis-Palmer HS	12	Univ. of Colorado-Boulder
#5	Bri Rush	Forward	Centarus HS	11	
#6	Alexis Serrano	Forward	Cherokee Trail HS	10	
#7	Lizzie Farrell	Forward	Golden HS	12	Fort Lewis College
#8	Lauren Kuklenski	Midfield	St. Mary's HS	11	
#9	Jessica Lehigh	Midfield	Kent Denver	12	
#10	Samantha Cardenas	Midfield	St. Mary's HS	12	Colorado School of Mines
#11	Nicholette DiGiacomo	Midfield	Golden HS	10	
#12	Kimberly Ammon	Midfield	Wheat Ridge HS	12	Univ. of Colorado-Boulder
#13	Shelby Williamson	Defender	Air Academy HS	11	
#14	Kelly Browne	Midfield	Air Academy HS	12	Univ. of Louisiana-Monroe
#15/inj	Camille Solarte	Forward	Kent Denver	10	
#16	Sidra Bonner	Defender	Kent Denver	12	Cornell University
#17	Lauren Patterson	Defender	Cheyenne Mtn. HS	11	
#18	Jenna Gist	Midfield	Centennial HS	11	
GK	Paige Huey	GK	Centarus HS	11	
GK	Kayla Millar	GK	Legacy HS	11	

Coached by: Nancy Sibley(Air Academy), Bill Hillen(Golden)

GIRLS WHITE TEAM		Position	High School	Grade	College
#2	Lizzie Seibert	Midfield	Battle Mountain HS	11	
#3	Melissa Stewart	Forward	Basalt HS	11	
#4	Megan Dozier	Forward	Liberty HS	11	
#5	Abby Loar	Forward	Heritage HS	12	Trinity University
#6	Athena Lopez	Forward	Faith Christian	11	
#7	Michael-Ann Karas	Midfield	Faith Christian	12	Metro-State College
#8	Leigh Heffner	Defender	Faith Christian	11	
#9	Emily Pulsifer	Forward	Pueblo West HS	11	
#10	Danielle Solich	Defender	Arapahoe HS	12	Fresno State University
#11	Katheryne Fitzpatrick	Midfield	Basalt High School	12	Rocky Mountain College
#12	Meghan Royer	Midfield	Liberty HS	12	Hastings College
#13	Jessica Battelli	Defender	D'Evelyn HS	10	
#14	Anette Steustadvold	Midfield	Basalt HS	9	
#15	Ashley Railey	Defender	Heritage HS	12	Gonzaga University
#16	Lindsay Link	Defender	D'Evelyn HS	12	Univ. of Colo. at Colo. Sprgs.
GK	Kat Liebetrau	GK	Arapahoe HS	12	Univ. of Kansas
GK	Kari Spicer	GK	Heritage HS	1	

Coached by: Chris Woods(Basalt), Tony Hurt(Heritage)

Referees for the game were: Kira Chaffee, Mark Wilson, Mike Tepp





The Colorado
High School Coaches Association
Present: **2008**
**Swimming &
Diving**

Meet with Colleagues from
around the nation.

Make your
reservations
at the
Isle of Capri
today!

Share ideas!



Ask for
the
special
CHSCA
clinic rate!

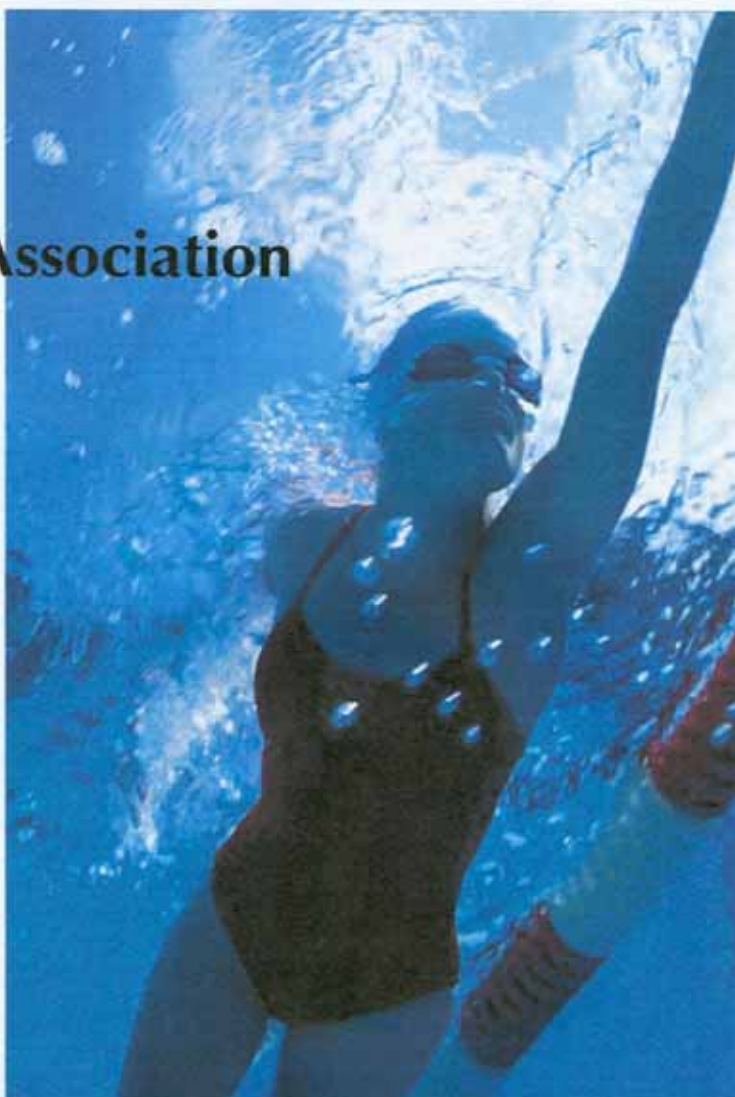
*until
October 26th*

FAX Reservation
Forms to: 303.582.9168

SEND REGISTRATION TO:
JOHN BURKE
jburke24@cox.net
602.978.5915

FOR CLINIC INFO CONTACT:
RON JOHNS @ 303.971.4162-office
ronald.e.johns@lmco.com
or johnsrswim@msn.com

FOR COLLEGE CREDIT INFO
CONTACT:
Dr. RICK BETTGER @970.879.1592
pine903@aol.com



Date: November 8, 2008
Location: Gilpin County
High School
at Black Hawk



1-3 COLLEGE CREDITS
AVAILABLE

To reserve your overnight accommodations or modify an existing reservation, please complete this form and fax or mail it by 10/26/08.

\$79 Friday Rate and \$99 for Saturday---Deadline 10/26 for this rate.

PHONE RESERVATIONS WILL NOT BE ACCEPTED Please mail to: **Isle of Capri / Colorado Central Station PO Box 777 Blackhawk, CO 80422 Attn: Debbie Kirkpatrick** or Fax to: **303-582-9168**. Please print your information clearly.
Thank you!

Swimming, Ice Hockey and Wrestling Clinics
Arrive: 11/07/08- Depart: 11/08/08

Name of guest(s) occupying the room: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: Daytime () _____ Fax #: () _____

Arrival Date: _____ Departure Date: _____

Rail Pass Club Number _____ E-Mail Address: _____

Please list the room type you would prefer (Please mark 1st and 2nd choice)

- Smoking and Non-Smoking rooms are available, however, we cannot guarantee which type you will receive. We will do our best to accommodate all of your requests.

_____ (\$79.00) Standard Class Room – 1 King Bed _____ (\$79.00) Standard Class Room – 2 Queen Beds

****Rates quoted above are per night and double occupancy. Additional guests are \$15.00 per person, per night****

With the following requests:

_____ Smoking _____ Non-Smoking _____ Barrier Free Room

How many adults in room? _____ How many children? _____ Ages _____

All reservations must be guaranteed with a credit card.

Credit Card Number: _____
(Discover/Diners Club)

Expiration Date: _____ Type of Card (MC/Visa/Amer Exp): _____

Name of Cardholder: _____

Signature: _____

You will receive a confirmation letter within 7-10 business days at the address listed above. If you would like your confirmation letter faxed to you instead, please list the appropriate fax number and check the box next to it. You should receive your faxed confirmation letter within 72 hours.

Please make sure your reservation request reaches the hotel by the date listed above to apply for a room that is held by the Group Block. After the date listed above, or should the Group Block be filled, rooms will be reserved based on availability. Group rates cannot be guaranteed. Reservations cancelled by 6:00 p.m., 3 days prior to arrival, will receive a full refund.

Check-In time is after 4:00 p.m.

Check-Out time is 11:00 a.m.

*****Please, One (1) room reservation per Group Reservation Request Form**



THE COLORADO HIGH SCHOOL COACHES ASSOCIATION *presents the*

2008 **★ COLORADO ★** 2008 **WRESTLING**

DATE:
November 7-8, 2008
LOCATION:
Gilpin County H.S.
Black Hawk, CO

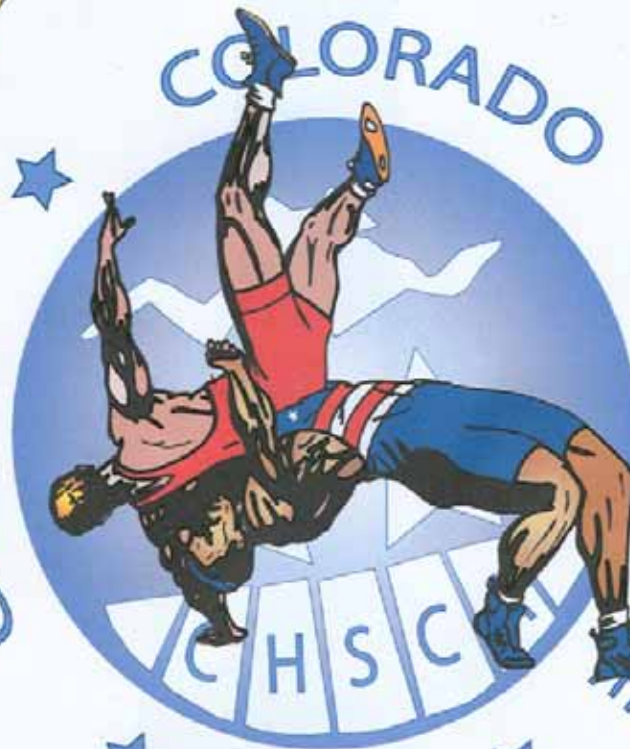


FOR COLLEGE CREDIT INFORMATION CONTACT:

Dr. Rick Bettger
970.879.1592
pine903@aol.com

FOR REGISTRATION INFORMATION CONTACT:

John Burke
602.978.5915
jburke24@cox.net



GAMES

ALL-STATE

Make your reservations at the Isle of Capri today!

FOR CLINIC INFORMATION CONTACT:

Greg Maestas at 720.886.6645
jmaestas@mail.ccsd.k12.co.us

or

Conrad Parra, President, CWCA
cjparra@aps.k12.co.us
303.340-1600-work

1-3 College Credits Available!



until October 26th

Ask for the special CHSCA clinic rate!
FAX Reservation Forms to:
303.582.9168



2008

The Colorado High School Coaches Association Presents

COLORADO ICE HOCKEY

November 8, 2008 at Gilpin HS, Blackhawk, CO

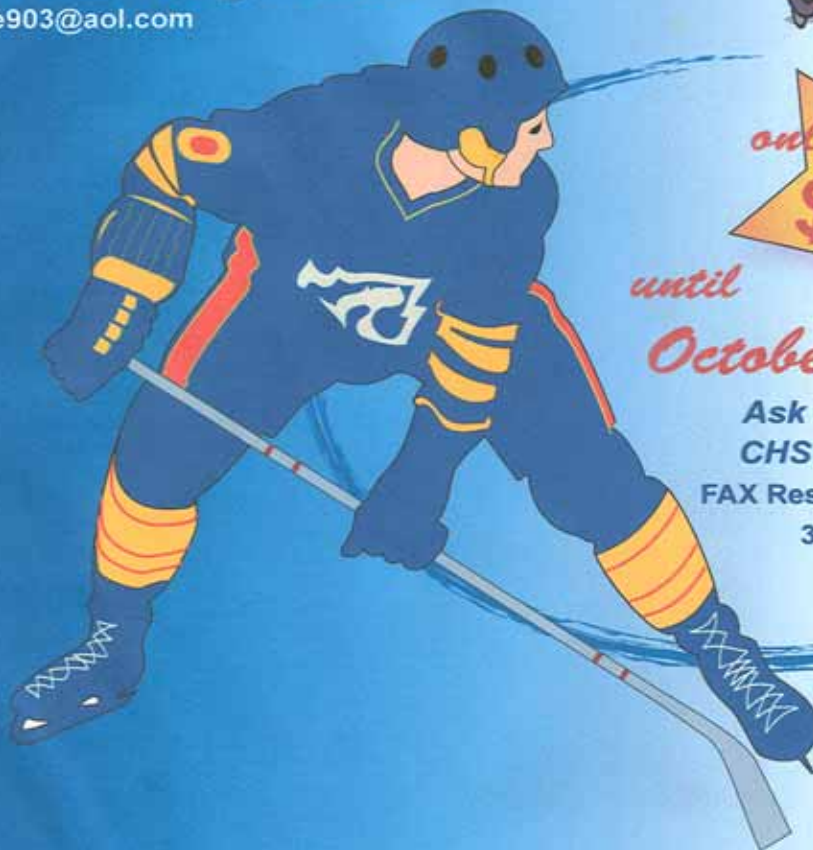
1-3

COLLEGE CREDITS AVAILABLE!



FOR CLINIC
INFORMATION CONTACT:
DAVID LABBETT
labbett55@hotmail.com
303.758.7000

FOR
COLLEGE CREDIT
INFORMATION CONTACT:
Dr. RICK BETTGER @970.879.1592
pine903@aol.com



only
\$79

until
October 26th

Make your
reservations
at the
Isle of Capri
today!

Ask for the special
CHSCA clinic rate!
FAX Reservation Forms to:
303.582.9168

FOR REGISTRATION
INFORMATION
CONTACT:
John Burke
602.978.5915
jburke24@cox.net



Those of you who attended the Multi-sports Clinic heard some great speakers. If you were not at the Summer Clinic you missed one that ranks among the best we have had. I would like to thank all of our presenters: Bert Borgman-CHSAA; Dennis Tjaden-Sedgewick County High School; Steve McClain-University of Colorado; Tad Boyle-University of Northern Colorado and Steve Lamie from Grove City College. The biggest disappointment was that we had about 50 coaches in attendance and only 35 Head Coaches at the rules meeting. I was expecting between 80 and 100 coaches and that is not a great number considering we have about 300 high schools (give or take a few) in our state. A lot of coaches I talked with who did not attend were on vacation or had family in town. If the time of year the clinic is held is at a bad time, you need to speak up. I don't know if it can be changed but it can be discussed.

There was also some discussion about the format of the All-State Games from a few of you. One proposal presented to me was as follows: Combine the classifications in 1A-2A-and 3A as one group and 4A and 5A into another group. Each group would consist of 2 team and they would play each other. 1A-2A-and 3A would have 2 teams and 4A and 5A would have 2 teams. They would play 1 game against each other in their own group and be done. Currently we combine all the players from each classification to form 4 teams. Each team plays 2 games in a tournament format. If you think the format should change then let me know and it will be brought up for discussion at a board meeting. By the way, Sandy Beasley does an outstanding job of organizing and running the games.

Your school year should be off to a great start. Optimism abounds because football games have started and now you know you only have several weeks ahead of you before the official start date for basketball. You are probably busy getting your practice schedules made, trying to find all the conflicts you might have for gym space; working with drama, music concerts, knowledge bowl and cheer leading practice and any of the other disruptions that may present themselves. Good Luck altergott@frijol.com

K-Lawn Wishes Great Success to All Colorado Coaches!

**Would You Like to Earn Some Extra Income During the Summer?
Start Your Own Lawn Care Dealership!**

Be Your Own Boss, Not a Franchise, It's YOUR Business

No franchise fees. You work hard...don't you deserve to keep the money? Build equity in developing your business. Work as many hours as you wish. Build a large business or keep it small, it's your choice. Flexible hours allow weekend and evening work.

Training By Turf Professionals

We provide start-up training and ongoing support...we are always there for you.

Superior Quality Products

K-Lawn is a division of the Kugler Company. They have been manufacturing fertilizer for over 35 years and have a plant right here in Colorado.

Proven Track Record With Teachers and Coaches

More than 25 teachers/coaches are currently operating K-Lawn Dealerships with one dealership in operation for over 23 years!



Visit our website www.K-Lawn.com or call 800-445-9116 for more information.

FOOTBALL

Andy Lowry
PE Department/Football Coach
Columbine High School

Coaches:

First of all I would like to introduce myself as the new President of the football coaches association. I don't know if this is a blessing or curse, but I hope to do my best for high school football. My goal in this role is to try to continue to help our sport and unify our football coaches association. I believe the more unified we are as coaches, all classifications, the more influence and the louder voice we may have with decisions being made in our sport. I would like to encourage you to e-mail me at alowry@jeffco.k12.co.us if you have any suggestions and if you would be willing to help out with new ideas and programs that we would like to do. The following are some suggestions I have heard at coaches' clinics so far:

- Changing the location of the All-State football game (Eddie Kintz)
- Raising revenues so our kids don't have to pay the hundreds of dollars to participate in the All-State football game
- Trying to develop a coaches' clinic for the 6 and 8 man football coaches
- Having a voice in the league alignments
- More involvement in rule changes, for example, the use of helmets for 7 on 7 in the summer
- Trying to develop recruiting venues in central locations for college coaches. This will help all of us get information to college coaches in a setting so we can help our kids out more in the recruiting process. We need many more high schools to participate in this to make it worthwhile for the college coaches to come to a couple sites to gather information.

I know many of you have great ideas to help Colorado high school football and I need your thoughts and help.

Good luck this season and don't forget to let the people most important to all of us, our families and friends, know how much we appreciate their support.
Thanks.

WRESTLING

Conrad J. Parra, Wrestling President

ALL STATE GAMES

A big thank you to the All State committee and the great job they did with this year's athletic competitions. The All State Wrestling Meet had twenty participants this year with the Red team defeating the Blue team 33 to 6. The matches were a lot more competitive than the score indicates. All in all, we had a great group of seniors, coaches and fans. Once again, the major obstacle to this event is getting coaches to nominate their seniors and follow through with the necessary information. I will once again place ballots in the State Wrestling packets to get the process moving for next year

WRESTLING CLINIC

This year's clinic will once again be held in Black Hawk on November 7th and 8th. Registration will be from 5:00 to 6:00 p.m. on Friday and then again on Saturday from 8:00 to 9:00 a.m.. Coaches can get all the necessary information by going to the CHSCA web site. The Colorado Referee's Association will also be joining us this year after working out a new date to free them up and allow our coaches and wrestlers to participate in open tournaments without conflict. As usual, Greg Maestas will have another great group of clinicians for this clinic and Dr. Bettger will be offering college credit for coaches. During this meeting we will also have a chance to go over any concerns as coaches and nominate next years president. This is the final year of my term and a new president will need to be nominated so that they can begin the process of taking over the position.

MEMBERSHIP

Membership will now go from July to July. This allows coaches to enjoy the benefits of being a member for the entire year rather than just their season. A few of those benefits are the membership card that allows them to attend all the sporting events including the championships, *The Colorado Coach* quarterly magazine that provides information for all the sporting news, and the clinics. You can go on line and sign up rather than wait until your sport's clinic.

Best of luck to all our coaches involved in our Fall sports.

Football: Fueling for the Season

By LESLIE BONCI, M.P.H., R.D.

Director of the sports medicine nutrition department at the University of Pittsburgh Medical Center and nutrition consultant to the Pittsburgh Steelers football team

Football is a game of strength, speed and skill – all of which can be affected by what, when and how much an athlete eats and drinks. Athletes need to apply the same effort to proper fueling as they give during practices and competition. Players sometimes neglect nutrition, which can result in poor performance.

Common Nutrition Mistakes

- ✓ Not drinking enough fluids
- ✓ Not eating at regular intervals
- ✓ Eating too much protein and short-changing carbohydrates

Setting Nutrition Goals

With a little education, football players can make changes that will be felt both on and off the field. The team should set nutrition goals together, such as:

- ✓ Drinking on a schedule
- ✓ Refueling at half-time
- ✓ Eating immediately after practices or games

What to Eat

Football players need carbohydrate to fuel hard-working muscles. Bread, pasta, rice, potatoes, fruits and vegetables should be the bulk of a football player's diet filling up 2/3 of the plate at every meal. Protein foods, such as meat, poultry, fish, eggs, dairy, nuts, soy products and beans, are essential for good health, but are not the primary fuel source for exercise, and so should occupy only 1/3 of the plate.

All Day Fueling

Unlike professional football players who practice during the day, younger athletes don't take the field or hit the gym until after school. Since bodies don't run well on empty, eating every 3 to 4 hours is necessary to properly fuel both the body and mind. Encourage your athletes to:

- ✓ Eat within 1 hour of waking up.
- ✓ Eat something at lunch.
- ✓ Snack before practice on a sports drink, energy bar, cereal or granola bar.
- ✓ Bring a post-exercise snack to eat before leaving the locker room. Good choices include an energy bar, bagel, crackers or fruit with a sports drink.

Drink Up!

All players benefit when the body is optimally hydrated. This is not just a game-day issue, but a daily priority. To prevent dehydration, especially in hot, humid environments, athletes need to drink often and enough. Get your athletes off to the right start:

- ✓ Recommend sports drinks over water, because sports drinks taste great, contain electrolytes, like sodium, and may help prevent cramping.
- ✓ Weigh players before and after practices to determine individual fluid losses and monitor them to replace every pound lost by drinking at least 20 ounces of fluid.
- ✓ Ask athletes to bring their own sports bottles and drinks so their favorite fluid is readily available.
- ✓ Remind athletes that spitting out fluids doesn't hydrate the body!
- ✓ Educate players about the importance of seeing what they pee. The goal is light-colored urine and lots of it!

FOOTBALL FUEL

TRACK & FIELD and CROSS COUNTRY

John Hancock

Coaches



At the August all-sports conferences at Grandview, we had a regional reps meeting to vote and discuss different ideas. Kyle Boydston of Vilas High School will take over my position as President of the Colorado High School Track Coaches Association after our February track and field clinic. I am very confident that Kyle will be fantastic in his duties as the new President!

This year's track clinic will be at the Radisson Hotel located at Parker Rd. and I-225. The date is the weekend of Feb.6-7, 2009. I am in the process of contacting coaches of state colleges to speak along with our high school community. Since there is a college meet at the Air Force Academy that weekend. My thinking is the 7-8 pm and 8-9 pm slots would work well for them. Tom Southall and myself will work on the hospitality again for Friday night, and breakfast for Saturday morning. Please make more of an effort to get your staff involved in this event. We should all be motivated to improve ourselves for the benefit of our athletes! Keep in mind that if you are hosting a state qualifier meet this spring, you or a representative will need to attend the Hy-tec session at 9:00am on Saturday because the process to send results has changed. Remember; **THIS IS A MUST!**

Keep watching for information on two high school meets that the Air Force Academy is looking to host this spring. Bob Graf, long- time coach and athletic director in Colorado Springs, is now an assistant coach at the Academy, and has expressed that they would love to provide this opportunity for our athletes!

Sub-committees for track and field meet over the summer to work on all aspects of the 2A-5A state meet scheduled for Jefferson County stadium in May. Important information would include that the week before state will be your conference championship, or would be a conference only meet of some sort. This keeps teams together until state, as in previous years. The Sunday before state is a

declaration day. Monday is used to call athletes moved up. Tuesday should provide heat sheets. There could be extra qualifiers in a tie situation for field events, but running events will not expand past two heats. You may qualify as many contestants in a single event as possible up to 18. Qualifying may only happen in Colorado pre-qual meets.

Relays will have to have six names of runners submitted each week, and four of those runners named must run for you to use that relay time for qualifying for state.

I am confident that Rhonda Green (CHSAA) and her track and field committee have planned for a excellent meet that we will all enjoy.

Again, it has been my pleasure to serve the coaches of Colorado.



ATHLETIC DIRECTOR'S NOTES

Bob Graf

Welcome back to another school year and athletic season. I want to remind all coaches to stay informed with rule changes in their sport. Assistant coaches, as well as head coaches, need to keep up with the latest changes in rules and any other items pertaining to their sport. Having open communications with your athletic director and using that person as a resource will help. Remember an informed coach is a better coach.



I'm excited about the possibility of the CHSCA and CADA (Colorado Athletic Directors Association) working closer together by sharing information and keeping each other informed about policy changes. I believe this will help all coaches to keep informed about where the organizations are trying to make their jobs easier from an administrative viewpoint. I will be attending an October meeting of CADA and hope to attend several of their meetings during the year. I hope this will help keep all of us updated on administrative procedures and policies. I will keep you informed in future articles of *The Colorado Coach*.

I hope all of you have a successful fall in the classroom and on the athletic field or court. Feel free to contact me for information or if you have any questions.

VOLLEYBALL

President Bonnie Wallin-Kuntz Otis High School

I hope this article catches you all in the start of a great season. The CHSCA Volleyball Association had a great summer with the All State Games in June and the multi-sports clinic at Grandview High School at the end of July. I would like to extend a big thank you to Sandy Beasley for all her work for the All State Games and to Gary and Patty Childress and the staff at Grandview High School for all their work with the multi-sport clinic. Also hats off to Chris Brown for all his efforts for this year's spectacular clinic. As members of the CHSCA one of our duties is to select deserving coaches for our annual awards. Listed below are the nominees for this year's Pioneer and Horizon awards. Please take some time to review the accomplishments of these fine coaches and then cast your vote for one in each of the two category by emailing me at kuntzb@osdco.com by October 15. I am looking forward to serving you as president this year; and if there is anything I could do to help, please feel free to contact me at Otis Public Schools or by my email. I wish you all the best this season.

The nominations for the 2008 Pioneer Award are as follows: Patty Childress of Grand View, Vin Mizer of Fowler, Sally Moos of Cherry Creek, and Kerry Sayles of Hi-Plains.

Patty Childress of Grand View

Western Slope Coach of the Year - 1994 and 1995
Rocky Mt. News Coach of the Year - 2005 and 2007
Denver Post Coach of the Year - 2004, 2005 and 2007
All Colorado Coach of the Year - 2005 and 2007
National Coach of the Year recipient for Colorado - 2005
All Aurora Coach of the Year - 2004, 2005 and 2007
State Champions 2004, 2005 and 2007
Colorado High School Coaches Association Coach of the Year - 2004
Colorado High School Coaches Association President - 2001 - 2002
Colorado High School Activities Association Volleyball Committee 1994 and 2004

Lloyd Gaskill Hall of Fame recipient for Limon High School - 2006

Grandview High School head coach - 1998 - present

Middle school volleyball coach at Falcon Creek Middle School - 1999 - present

Grandview High School guys club coach - 2005 - present

Vin Mizer of Fowler

Career varsity overall record 684-82

21 total state appearances

23 league championships, 2 co-championships

22 district championships, 3 district runners-up

9 regional championships, 1 regional Runners-up

9 state championships 81, 83, 88, 92, 93, 95, 97, 98, 99

5 state 2nd place finishes 82, 84, 91, 94, 96

3 state 3rd place finishes 85, 86, 89

1 4th place finishes 1990

2sState consolation championships 1975, 1987

8 Undefeated Seasons

2 times Colorado Class A Coach of the Year

7 times Colorado Class 2A Coach of the Year

National High School Athletic Coaches Association Coach of the Year

1988 Toyota Coach of the Year

1992 Rocky Mountain News 2A Coach of the Year

1993 Rocky Mountain News Coach of the Year All Classification

1993 Colorado High School Coaches Association 400 victory ring

1995 Denver Post Coach of the Year

1999 Colorado Sports Hall of Fame Special Citation for two win streaks over 90 matches

1999 Colorado Sportswomen Award for Colorado Coach of the Year

2000 Colorado Coaches of Girls Sports Hall of Fame Award

2003 Colorado Coaches of Girls Sports All State Coach

Sally Moos of Cherry Creek

Four Colorado state championships, 89 (4A), 92 (6A), 97 & 98 (5A)

Five state runners-up 1986 (4A), 1993(6A), 96, 99, 2000 (5A)

19 years state qualifier,

12 years regional champions

15 years district champions

12 year Centennial League Champions

1989-Colorado Rocky Mountain News

1997-Colorado Denver Post Coach of the Year

1999-Women's Sports Foundation Volleyball Coach of the Year

2000- NFHSCA – Volleyball Coach of the Year - Colorado

2002- CCGS – Helen McCall Memorial Award

2004-NFHSCA – Volleyball Coach of the Year – Colorado

2008- CCGS – Hall of Fame inductee

2008- NHSACA – Coach of the Year finalist

1985-1987 – CHSCA Volleyball Committee Chairman

1992-1994 – CHSAA Track & Field Committee

1994-1996 – CHSAA Hall of Fame Committee

Kerry Sayles of Hi-Plains

22 years teaching at Hi-Plains Public School & coaching high school basketball and volleyball
10 Years hosting elementary summer basketball camps
15 years high school track coach
3 years athletic director
Volleyball overall record 364 – 192
Rocky Mountain News Coach of the Year 1992, 2003
Rocky Mountain News All Classification Coach of the Year 2003
CCGS All State Game coach 2 years
6 ILeague volleyball championships
5 district championships, 10 regional qualifiers
1 state championship/undefeated season
2 third place finishes
5 Years State Qualifiers
CHSAA Volleyball Committee 1 term
Basketball overall 326-200
Rocky Mountain News Coach of the Year 1 year
CCGS All State Games coach 2 years
CHSAA Basketball Committee 1 term
CHSAA Sportsmanship Committee 1 term
10 league championships, 4 district championships, 10 regional qualifiers
6 state qualifiers, 3 state consolations, 1 4th place finish

The nominations for the 2008 Horizon Award are as follows: Tonya Bond of Eaglecrest, Derek Herbert of Fleming, Bridgett O'Connor of Manitou Springs, and Jamie Robinson of Liberty (Joes).

Tonya Bond of Eaglecrest

- Coach of the Year Denver Post 2006
- Coach of the Year Rocky Mountain News 2006
- CHSAA IBM Hero of the Week
- CHSCA Coach of the Year
- Hall of Fame Citation 2007 from Western State College
- Final four 2005
- State champions 2006
- State runners-up 2007
- 11 years of coaching 8 as head coach 3 years as assistant
- Coaching record 125-55 past four years 105-12
- Graduate assistant coach at Western State one year
- Played DII volleyball at Western State

Derek Herbert of Fleming

Teaching

- Haxtun High School math teacher 3 years
- Fleming High School math teacher 10 years
- Northeastern Junior College math professor 2007 to present

Coaching

- Haxtun assistant boys basketball 3 years

- Fleming assistant boys basketball one year, head coach 5 years
- Fleming head volleyball coach 5 years
- Overall record 90-37
- Rocky Mountain News Coach of the Year 2
- Denver Post Coach of the Year 1
- CHSCA Volleyball Coach of the Year 2007
- Nominee for National Coach of the Year
- CHSCA All State Games Coach 2 Year
- Junior High Volleyball Coach 7 Years

Bridgett O'Connor of Manitou Springs

College: Grand Canyon University (1988-93)

- Played volleyball 4 years and Basketball 2 years, student assistant 5th year
- Grand Canyon Volleyball Club 2 years
- Bradshaw Mountain High School: Prescott Valley, AZ (1993-96)
- Social studies teacher
- Assistant basketball coach 3 years
- Assistant volleyball 1 year, head coach 2 years
- First state appearance in school's history
- Manitou Springs High School: (1996- present)
- Social studies teacher, gifted and talented coordinator
- Assistant basketball 4 years, Varsity 8
- Varsity Volleyball 13 years
- Tri Peaks League Volleyball Coach of the Year, 1996, 1998, 1999, 2000, 2002, 2007
- Tri Peaks League Basketball Coach of the Year 2000, 2002
- Gazette Telegraph Coach of the Year 1998, 2000
- Rocky Mountain News Volleyball Coach of the year 1998
- CHSAA Basketball Committee 2000-2004
- CHSAA Volleyball Committee 2006-present, Chair 2008
- Colorado Crossfire Club coach, 2000-2008

Jamie Robinson of Liberty (Joes) High School

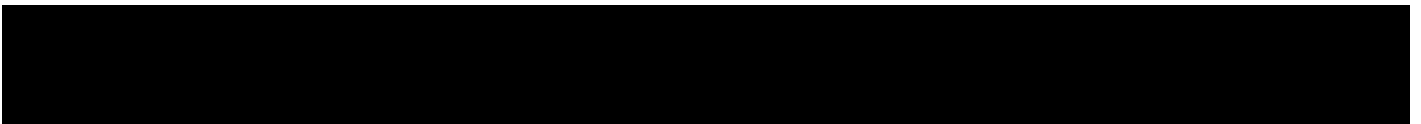
Teacher Liberty (Joes) High School 2000 – present

Coaching

- Seven years of coaching at Liberty (Joes) High School
- Overall record 67-52
- 2006 regional appearance
- 2007 regional appearance







Vernon Kimball
Teacher/Coach of the Year

Colorado High School Coaches Association Hall of Fame

OFFICIAL NOMINATION FORM - PAGE 2 of 2

3. College(s) and Year(s) of Graduation and Degree(s) earned _____

4. College Activities and Awards _____

5. Coaching Chronology

School

Sport

Years

Accomplishments

(If necessary attach another page)

6. Contributions to the Colorado High School Coaches Association

7. Professional Affiliations and Achievements

8. Words that the Coach Lives by

9. Other pertinent Information (Names of immediate family members, milestone dates [wedding], etc.)

MEMBERS OF THE CHSCA HALL OF FAME

Moles, B. O.	Denver North	1964	Cribari, Joe	Ft. Collins	1979	McCarty, Mike	Widefield	1994
Montgomery, Al	Longmont	1964	Sutak, Tom	Centaurus	1979	Corder, Bill	Pueblo East	1995
Baggot, Jim	Greeley	1964	Haskins, John	Wheat Ridge	1979	Hancock, Tom	Lakewood	1995
Smith, Ed	P. Centennial	1964	Asbury, John	Air Academy	1980	Ramunno, Carl	Steamboat	1995
Wilson, Glenn	Fowler	1964	Crawford, Ron	Alamosa	1980	Wright, William	Mitchell	1995
Willet, Mike	T. Jefferson	1965	Lewis, Bill	Golden	1980	Woytek, Steve	Denver North	1996
Tate, Paul	LaJunta	1965	Nogel, Dutch	Trinidad	1980	Tesone, Fred	Cherry Creek	1996
Byers, Roy	Manual	1965	Warnock, Duane	Ft. Collins	1980	Turner, Bill	Meeker	1996
Hale, Aaron	Springfield	1965	Grieve, Jim	Pueblo	1981	Wise, Harry	Englewood	1996
DesCombes, Don	Manual	1965	Rillos, Lou	Golden	1981	Strain, Joseph	Denver	1997
Flint, Ed	Denver North	1966	Solem, Don	Wheat Ridge	1981	Lick, Keith	Haxtun	1997
Leferdink, Merle	Boulder	1966	Stone, Tony	Denver	1981	Trennepohl, Marvin	Julesburg	1997
Panek, Pat	Denver East	1966	Weimar, Bill	Denver	1981	Miller, Don	Glenwood	1997
Scott, George	Ft. Collins	1966	Casebeer, Herb	Pueblo	1982	Hartman, Jim	Colo. Springs	1997
Reed, Bill	Loveland	1966	Hustad, Paul	Westminster	1982	Cole, Sandra	Platte Valley	1998
Heyde, Kenny	Eaton	1967	Nuttall, O.T.	Westminster	1982	Hadley, Stephen G	Kennedy	1998
French, Ray	Ft. Collins	1967	Olander, Emil	Poudre	1982	Hess, Randall	Roosevelt	1998
Gruener, E.C.	Salida	1967	Weber, Donald	Limon	1982	Needens, LeeRoy	Brush	1998
Raugh, Bob	Bear Creek	1967	Bradley, Hugh	Alameda	1983	Wiebers, Hal	Canon City	1998
Ball, Ray	Lakewood	1968	Cline, John	Arapahoe	1983	Barnett, Judy	Manitou	1999
Hinkley, Bill	Aurora	1968	Kehmeier, Jack	Cedaredge	1983	Cooper, Gordon	Rifle	1999
O'Hanlon, Chet	Denver North	1968	Nicolas, Bill	Jefferson	1983	Deter, Bob	Elizabeth	1999
Swinscoe, Ed	Boulder	1968	Rogers, Jesse	Del Norte	1983	Kalb, Bill	Yuma	1999
Lesar, Ed	Pueb. Central	1968	Coats, John Red	Wheat Ridge	1984	Lewis, Duane	Alameda	1999
Whipple, Clarence	Denver East	1969	Sittler, Paul	Del Norte	1984	Hill, Stephen O.	Ridgway	2000
Hickey, Frank	Canon City	1969	Thompson, Dale	Greeley	1984	Katte, Dick	Den. Christian	2000
Woody, Wilford	Denver West	1969	Willie, Jack	Manitou Spgs.	1984	Mills, Larry	Brush	2000
Mielenz, Frank	Denver South	1969	Yates, Dick	Kennedy	1984	Shepherd, Dennis	Green Mt.	2000
Blevins, Ted	Ft Collins	1969	Kravig, Harold	Hugo	1985	Torgerson, Arnold	Ft Collins	2000
Boody, Manuel	Denver	1970	Adams, John	Denver	1985	Gatewood, Donald	Montbello	2001
Ward, Dal	Boulder	1970	Stubler, N.J.	Glenwood	1985	Ervin, Maurice	Littleton	2001
Greim, Bill	Denver	1970	Rock, Fred	Burlington	1985	Shields, Joe	West Grand	2001
Potts, Frank	Boulder	1970	Gibbs, Guy	Regis	1985	Snyder, Shirley	Wasson	2001
Hancock, John	Greeley	1970	Breese, Don	Lewis-Palmer	1986	Soper, Ken	Dolores Co.	2001
Brawner, Hoyt	Denver	1971	Carara, Gene	Sterling	1986	Foster, Steve	Cherry Creek	2002
Hotten, Dick	Denver West	1971	Fanning, Bill	Grand Junct.	1986	Goings, Gary	Bear Creek	2002
Patterson, Ray	Loveland	1971	Gaul, Chuck	Doherty	1986	Gonzales, Manuel	Granada	2002
Barrows, George	Aurora	1971	Mitchell, Warren	Limon	1986	Hassler, Art	Fount/Ft Cars.	2002
Vanderhoff, Tom	Arvada	1971	Hartman, Jim	A. Lincoln	1987	Rykovich, George	Manitou	2002
Brenneke, Fritz	Golden	1972	Klune, Joseph R.	A. Lincoln	1987	Beeson, Tom	Pomona	2003
Whalley, Ed	Grand Junct.	1972	Parker, Louis	G Washington	1987	Brookhart, Jack	Cherry Creek	2003
Gamble, Bill	Brighton	1972	Redic, James R.	Arvada	1987	Pickering, Larry	Centennial	2003
Everly, Gil	Longmont	1972	Starbuck, Paul F.	Meeker	1987	Starkebaum, John	Haxtun	2003
D'Amato, Pete	Greeley	1973	Caviness, Bob	Hinkley	1988	Urano, Rich	Eaton	2003
Miles, Don	Sterling	1973	Coleman, Paul	Denver East	1988	Brockman, Tom	Centennial	2004
Clark, Walt	Loveland	1973	Hafing, Darrel	Golden	1988	Garcia, Victor	Lewis Palmer	2004
Raso, Sollie	Pueblo	1973	Hughes, Kenneth	T. Jefferson	1988	Price, Kirk	Cherry Creek	2004
Funk, Gib	Colo Springs	1973	Humphrey, Wayne	Ranum	1988	Lienemann, Larry	Heritage	2004
Post, Wally	Sterling	1974	Stolte, Wes	Brush	1989	Moore, Ken	Simla	2004
Schwartz, Mel	Lakewood	1974	Vigil, Joe I.	Adams State	1989	Brown, Chris	West Grand	2005
Wilson, Bob	Denver South	1974	Volkstorf, Louise	Cheyenne Mt.	1989	Danley, Jim	Eaton	2005
Browning, Greg	G.Washington	1974	Wollenweber, Art	Sheridan	1989	Kintz, Ed	Golden	2005
Riddle, Harvey	Englewood	1975	Worden, Mansel E.	Loveland	1989	Mattocks, Les	A. Lincoln	2005
Berry, Garry	Colo. Springs	1975	Borah, Tracy	Western State	1990	McGregor, Brian	Arvada West	2005
McGraw, Bill	Grand Junct.	1975	DiTolla, John J.	Kennedy	1990	Adair, Don	Holly	2006
Santi, Gaston	T. Jefferson	1975	Chance, Wiley	Littleton	1990	Anderson, Dick	Lake County	2006
Kruse, Ray	Ft. Collins	1975	Miles, John	T. Jefferson	1990	Bledsoe, Bob	Erie	2006
Walseth, Sox	Boulder	1976	Barron, Alice A.	Jefferson Co.	1991	Busher, Jack	Cheyenne Mtn	2006
Spence, Mel	Pueblo East	1976	Chavez, Bob	Glenwood	1991	Johnson, Marc	Cherry Creek	2006
Ward, Jim	Manual	1976	Lampe, Stan	Fort Morgan	1991	Teenan Anderson	Sierra	2007
Watson, Art	Weld County	1976	Motz, Herman	T. Jefferson	1991	Ray Barron	Heritage	2007
Hested, Vern	Lakewood	1976	Smith, Robert	Wray	1991	Mark Drake	Steamboat	2007
Hall, Newell	Pueblo	1977	Gore, Mary Ann	Limon	1992	Paul "Tiny" Koehler	Niwot	2007
Johnson, Howard	Denver	1977	McClary, Ronald	Poudre	1992	Dr. Dale Yost	Roosevelt	2007
Stavely, Dan	Boulder	1977	Miller, Ruby	Adams City	1992	John Hancock	Mullen	2008
Orr, Spudd	Alamosa	1977	White, Charles L.	Rocky Ford	1992	Glynn Higgs	Burlington	2008
Kellogg, Lou	Denver	1977	Marr, Max M.	Berthoud	1993	Gary Ramstetter	Alamosa	2008
Gaskill, Lloyd	Limon	1977	Martin, John R.	Ft.Collins	1993	Neal Rusher	Wray	2008
Beresford, Stu	Denver	1978	Sisneros, Joe	Deaf & Blind	1993	Larry Zaragosa	Alamoca	2008
Rossi, Ernie	Denver	1978	Salen, Bob	Denver North	1993			
Christensen, Jess	Limon	1978	Westbay, Richard	Wasson	1993			
Baxter, Howard	Boulder	1978	Felps, Robert	Ft. Lupton	1994			
Simmons, Harry	Pueblo	1978	Knox, Duane	Douglas Cnty.	1994			
Smith, G. Owen	Denver	1979	McCall, Helen	Westminster	1994			

UP-DATE YOUR ACHIEVEMENTS

Fill out the “Longevity Awards” section on the reverse side to get awards for years of service as a coach. Use this page to determine if you are eligible for an achievement award. If you are, fill out the information on the back of this sheet, “Achievement Awards” and send it to the CHSCA office. If you are eligible for a level 4 achievement ring, you must include your ring size. Send the sheet to John Burke, Executive Director CHSCA, P.O. Box 5745, Peoria, AZ 85385.



CHSCA CRITERIA FOR ACHIEVEMENT AWARDS

Contest Victories Needed

Sport	Step 1	Step 2	Step 3	Step 4
Football	50	100	150	200
Baseball	80	155	235	315
Softball	80	155	235	315
Volleyball	90	180	270	360
Soccer (B & G)	65	135	200	270
Basketball (B & G) Revised for 2007	85	165	250	335
Ice Hockey	70	140	215	285
Field Hockey (G)	60	125	185	250
Lacrosse	60	125	185	250

REQUIREMENTS FOR SPORTS BASED ON LEAGUE/REGIONAL (DISTRICT) OR STATE FINISHES

The following sports use these requirements:

Cross Country (B&G)	Gymnastics	Spirit	Track(B&G)	Tennis (B&G)
Golf (B&G)	Skiing (B&G)	Swimming (B&G)	Wrestling	

Important notes:

- a. League finish may be used only if sport does not have a regional/district event
- b. Only one finish (league/regional [district] or state) is allowed to be counted per sport season.
- c. A “finish” is defined as placing in a league/regional,[district] or state meet according to the table below. *

Total teams participating in league/district or state meet	8 or less	9-12	13-16	17-20	21-24	25-28	29-32	33-36	37-40
Must place in the top	2	3	4	5	6	7	8	9	10

Note: for each additional 4 teams over 40, add 1 to the “must place in the top” column.

Steps shall be as follows: Step 1 – 5 league/regional [district] or state finishes *
 Step 2 – 9 league/regional [district] or state finishes *
 Step 3 – 14 league/regional [district] or state finishes *
 Step 4 – 18 league/regional [district] or state finishes *
 *(Refer to important notes above)

Additional steps awarded for each previous step plus 4 additional league/regional (district) or state finishes (EX: 18 + 4 = step 5, etc.)

AWARDS GIVEN FOR STEPS

**Step 1 – certificate; Step 2 – 6”x8” plaque; Step 3 – 7”x9” plaque; Step 4 – ring;
 Step 5 and above – TBD**

APPLICATION FOR COACHING AWARDS

NAME: _____ e-mail _____

School affiliation: _____ Date _____



Colorado High School Coaches Association

John Burke, Executive Director

P.O. Box 5745

Peoria, AZ 85385

Phone 602.978.5919

e-mail jburke24@cox.net

Longevity Awards (Service Awards)

A longevity award is given after 10 years coaching a high school sport while being a member of the CHSCA. An additional award is given for each additional 5 years spent coaching that sport. Return this sheet to John Burke at the address above.

Example: Baseball Seasons completed _____ Award for which you are now _____
Coaching this sport 17 eligible for but have not received 15 (yrs)

Your 1st sport: _____ Seasons completed _____ Award for which you are now _____
Coaching this sport _____ eligible for but have not received _____ (yrs)

Your 2nd sport: _____ Seasons completed _____ Award for which you are now _____
Coaching this sport _____ eligible for but have not received _____ (yrs)

Your 3rd sport: _____ Seasons completed _____ Award for which you are now _____
Coaching this sport _____ eligible for but have not received _____ (yrs)

Achievement Awards

Varsity Head Coaches only. Apply when you have earned a new level by contest wins or top finishes. See the chart on the next page. Return to John Burke at address above.

Example: Baseball Current # of wins 325 Level applying for 4

1st sport: _____ Current # of wins: _____ Level applying for _____

2nd sport: _____ Current # of wins: _____ Level applying for _____

3rd sport: _____ Current # of wins: _____ Level applying for _____

Individual Sports - Playoff Top (3) Finishes (See Chart on back.)

Example: Track Current # top finishes 10 Level applying for 2

1st sport: _____ Current # top finishes _____ Level applying for _____

2nd sport: _____ Current # top finishes _____ Level applying for _____

3rd sport: _____ Current # top finishes _____ Level applying for _____

SPECIAL AWARDS

Don DesCombes Distinguished Service Award

This award is named after the founding father of the Colorado High School Coaches Association (CHSCA). It is given in recognition of exceptional leadership and dedicated service to the CHSCA, and is the most prestigious award given.

1983	Lloyd Gaskill	Limon H.S.	1996	Don Miller	Glenwood Spgs.
1984	Warren Mitchell	Limon H.S.	1997	Bob Deter	Sheridan
1985	Ray Ball	CHSAA	1998	Ken Moore	Simla
1986	Ed Kintz	Bear Creek	1999	Chris Brown	West Grand
1987	Dave Zbinden	Skyview	2000	Ray Barron	Heritage
1988	Sharon Wilch	CHSAA	2001	Jim Trahern	Kit Carson
1989	Brian McGregor	Arvada W.	2002	Susan Snyder	Simla
1990	John Martin	Ft. Collins	2003	Larry Mills	Brush
1991	Dick Katte	D. Christian	2004	Dale Yost	Roosevelt
1992	Stringy Ervin	Littleton	2005	Paul "Tiny" Koehler	Niwot
1993	Herman Motz	T. Jefferson	2006	Jack E. Meehan	Cherry Creek
1994	John Miles	T. Jefferson	2007	Richard Geddes	Liberty
1995	LeeRoy Needens	Brush	2008	Arnold Torgerson	Ft. Collins

Lloyd Gaskill Award

This award is named after the legendary Limon High School coach. It is given to an individual (excluding coaches and athletic directors) who has given his/her time and support for the betterment of Colorado high school athletics.

1993	Bill Brittain	Zemi Photographics	2000	Vic Gregory	Glenwood Spgs.
1994	Scott Stocker	Rocky Mt. News	2001	Frank Woodburn	Palisade
1994	Irv Brown	KYBG Radio	2002	Carol A. Rook	Kiowa
1995	Gary Burke	Delta	2003	Dan Ford	Bayfield
1995	Walt Hylton	Colo Springs	2004	Dan McClure	Bayfield
1996	Ray Lutz	Colo Springs	2005	Janis Shawcroft	Douglas County
1997	Bus Campbell	Littleton	2006	Kevin Brooks	Grand Junction
1997	Shiela Worley	Sterling	2007	Darryl Miller	Denver Public Schools
1998	Bob Chapman	Denver	2007	Lisa Lear	Front Range Orthopedic
1999	Don Griebel	Cherry Creek	2008	Bernie Goss	Western Officials Assn.

Media Award

This award is given to an organization (newspaper, radio or television station, etc.) or individual who has significantly supported Colorado high school athletics through the media.

1983	Scott Stocker	Colo. Sidelines	1996	Neil Hammer	Alamosa
1984	Don Miles	Sterling Journal	1997	Les Messamer	Salida/BV
1985	Manuel Booty	Rocky Mt. News	1998	Gary Burke	Delta Ind.
1986	Sandy McLean	Canon Cty Daily	1999	Neil Devlin	Denver Post
1987	Dave Soucier	Pueblo Chieftain	2000	Frank Mercer	Brush
1988	Irv Brown	KYBG Radio	2001	Bill Engler	Craig
1989	Marcia Neville	KCNC News 4	2002	Ken McDowell	Sentinel
1990	Lloyd McMillan	KBUC Montrose	2003	Nick Larson	Post
1991	G. G. Mills	KVRH Salida	2004	Tony Rayl	Yuma Pioneer
1992	KLMR Radio	Lamar	2005	Tom Munds	Community
1993	Dennis Taylor	Greeley Tribune	2006	James Davis	KTMM Gr. Junction
1994	Brian Jerman	KRDO TV C.S.	2007	Jesse Florea	Woodman Edition, C. S.
1995	KBLJ Radio	LaJunta	2008	John Mullen	Radio Sports Network

Benefactor Award

This award is given to an organization, business, or individual that has provided material and/or financial support to the CHSCA.

1997	Dennis Greer	The Insurance Group	2003	Wilma Rose	Assistant to Director
1998	J. Schmidt, S. Luzak	Go-Jo's Sports	2004	Greg Jablonski	JCJ & Associates
1999	Bill & Sandy Brittain	Zemi Photographics	2005	Rick Bettger	Continuing Ed
2000	Gatorade	Scholarships	2006	John Green	Cherry Creek Schools
2001	CHSAA	Student Activities	2007	Arnold Torgerson	Ft. Collins
2002	Denver Broncos	Football Club	2008	Patricia Motz	Denver

Assistant Coach of the Year Award

This award is given to an assistant coach who through his/her time, dedication., and loyalty has contributed significantly to the success and development of the high school athletes of Colorado. Two awards will be given each year. One for an assistant in a girls' sport and one for an assistant in a boys' sport. This individual must have served as an assistant coach at the high school level for a minimum of five years, and shall not have been a head coach in any sport at the high school level for more than five years. (EXCEPTION: That individual can regain eligibility for the Assistant Coach Award once five years or more has passed since serving as a head coach.)

Winners of the Assistant Coach of the Year Award

1999	Bryan Skarda	Heritage High School	2005	Nancy Tanaka	Erie
2000	Wayne Carter	Montbello High School	2005	Albert Ford	Alamosa
2001	Roger King	Arapahoe	2007	Todd Wesswick	Heritage
2002	Harlan Hankins	Roosevelt	2007	Merry Tombling	ThunderRidge
2003	Susan Odenbaugh	Lewis Palmer	2008	Rocky Cundiff	Ignacio
2003	Don McCall	Cherry Creek			
2004	Paul Hansen	Mitchell			
2004	Cheryl Brown	West Grand			

***NOTE: NOMINEES ON THE SPECIAL AWARDS NOMINATION LIST WILL BE PURGED AFTER THREE (3) YEARS ON THE LIST. THIS WILL ENCOURAGE NAMES TO BE RESUBMITTED WITH UPDATED INFORMATION, QUALIFICATIONS, AND HONORS.**

SPECIAL AWARDS NOMINATION FORM

AWARD NOMINATED FOR (Check one)

**Don DesCombes Award Lloyd Gaskill Award Media Award Benefactor Award

**Assistant Coach Award (boys) **Assistant Coach Award (girls)

**** Must be a member of CHSCA to be eligible for the DesCombes and assistant coaches awards**

NOMINEE _____
First Last

SCHOOL/ORGANIZATION/BUSINESS _____

ADDRESS _____
Street City Zip

PHONE _____ **CHSCA Member Yes ___ No ___**

NOMINATING INDIVIDUAL _____
Must be a member of CHSCA First Last

SCHOOL OR ORGANIZATION _____

ADDRESS _____
Street City Zip

PHONE _____

PLEASE ENCLOSE LETTER OF NOMINATION AND SEND TO:

**CHSCA AWARDS COMMITTEE
 6137 S. WINDERMERE WAY
 LITTLETON, CO 80120**

NOMINATIONS FOR TEACHER/COACH OF THE YEAR

To nominate a coach for Teacher/Coach of the year, give these two pages to your A.D.
COLORADO HIGH SCHOOL COACHES ASSOCIATION

Dear Athletic Director:

For several years we have taken pleasure in awarding the Colorado High School Teacher/Coach-of-the-Year Award presented by the Colorado High School Coaches Association. The award is co-sponsored by Colorado State University, School of Education, Ft. Collins, Colorado.

Our previous award winners have included many outstanding educators. The 2008 winner was Coach Vernon Kimball from Bayfield High School. All of our winners have been very worthy recipients and truly exemplify the excellence which many individuals bring to both the classroom and the athletic arena. Throughout the years many outstanding individuals have been nominated for this honor.

The award will be decided on the following criteria: experience as a teacher and as a coach, holding the position of Department Chair, honors received in both teaching and coaching, and membership in the Colorado High School Coaches Association.

We ask that you and/or your principal nominate a teacher/coach in your school for this award. Each year we up-date the nomination forms that have been received. If you have nominated an individual within the last three years, the form is on file with us. If it has been over three years, we ask that you submit a new form to us. We will recognize the award recipient at the CHSCA Hall-of-Fame Banquet to be held in 2009. The award winners will be notified of their selections prior to this time.

Nominations can be sent anytime but all nominations for this year must be received by December 31, 2008. Please send the information sheet along with your letter of nomination to:

Dr. Dale E. Yost
1010 North Second
Johnstown, CO 80534

Sincerely,
Dr. Dale E. Yost, Chairman
Teacher/Coach Award Committee

CHSCA TEACHER/COACH AWARD NOMINATION FORM, PAGE 1

Nominator _____ **Date** _____

Nominee _____ **Address** _____

City, Zip _____ **Home Phone** _____

School _____

Other schools taught at _____

Is the nominee a current member of the Colorado High School Coaches Association?
(Circle) Yes No

(Continued on the next page.)

CHSCA TEACHER/COACH AWARD NOMINATION FORM, PAGE 2

TEACHING

Subjects taught and years _____

Dept. chairs, other offices held and years _____

Membership in professional teaching organizations. List years and offices held. _____

Teaching honors _____

COACHING

Head coach (sports and years) _____

Assistant coach (sports and years) _____

State championships as a head coach (sports and years) _____

League championships, playoff appearances (sports and years) _____

Membership in professional coaching organizations. List years and offices held.

Coaching honors (sports and years)

On an additional sheet briefly state nominee's philosophy of teaching and coaching and how his/her career has reflected that philosophy.

TEACHER-COACH OF THE YEAR AWARD

This award is given annually to a Colorado high school coach who has demonstrated exemplary qualities in the classroom as well as in the coaching arena.

Past Winners of the Teacher/Coach Award

1988	Dick Katte	Denver Christian	1999	Bob Graf	Wasson
1989	Sandra Cole	Platte Valley	2000	Merlyn Henry	Deer Trail
1990	John Martin	Ft. Collins	2000	Art Hassler	Fountain/Ft. Carson
1991	Bob Hiester	Smokey Hill	2001	Dale Miller	Sand Creek
1992	Bob Deter	Sheridan	2002	Ray Barron	Heritage
1993	Lee Hitchcock	Canon City	2003	Mike Wilson	Greeley Central
1994	Ed Kintz	Golden	2004	Al Snyder	Simla
1995	Ken Soper	Dolores County	2005	Geoff Ferguson	Heritage
1996	Dick Rush	Westminster	2006	John Lenhart	Pueblo South
1997	Bob Guthrie	Rampart	2007	Doug Lick	Roosevelt
1998	Rich Urano	Eaton	2008	Vernon Kimball	Bayfield

AWARDS GIVEN BY SPORTS GROUPS

The Ed Lesar Award is presented to a **football** coach in recognition of his excellence and contribution to the football coaching profession. Nomination and selection are done by the Colo. H.S. Football Coaches Assn. It will be presented at the Summer Awards Program. Some of the past recipients are:

Dick Westbay 71-72	Wasson	Tom Brockman 88	P. Centennial	Lee Hitchcock 00	Canon City
Jim Grieve*	P. Centennial	Pat O'Donnell 89	Rocky Mountain	Rusty Mathena 01	Berthoud
Brian McGregor*	Arvada West	Larry Mills 90	Brush	Rich Yonker 02	Poudre
Jim Hartman*	Mitchell	George Rykovich 91	Manitou	Mark Drake 03	Steamboat
Fred Tesone*		Gordon Cramer 92	Longmont	Rick Kahl 05	Ft. Morgan
Sam Pagano*	Cherry Ck.	Ken Soper 93	Dolores County	Jamie Woodruff 06	Ponderosa
Don Miller 80	Fairview	John Randall 94	Ponderosa	Tim Gribben 07	Idalia
Herman Motz 81	Glenwood	John Burke 95	Douglas County	Randy Penn 08	Englewood
Warren Mitchell 82	T. Jefferson	Dale Yost 96	Roosevelt		
Ed Kintz 84	Pomona	Chris Brown 97	West Grand		
Ken Moore 86	Simla	Tim Monty 98	Ft. Collins		
Joe Sisneros 87	CO Sch. D&B	Tiny Koehler 99	Niwot		

* Year unknown

The Tom Sutak Award is presented to a **basketball** coach in recognition of his excellence and contribution to the basketball coaching profession. Nomination and selection are done in the Colo. H.S. Basketball Coaches Assn. It will be presented at the Summer Awards Program. The past recipients of the **Tom Sutak Award** are:

Dick Katte 83	Den. Christian	Dan McKiernan 93	Palmer	Gary Stone 03	Weld Central
Bob Chavez 84	Glenwood	Mark Beranek 94	Sierra	Greg King 03	Del Norte
Guy Gibbs 85	Regis	Kelly Meek 95	Steamboat	Bruce Dick 04	Green Mtn.
Gary Osse 86	Wheat Ridge	Steve Barnett 96	Douglas County	Gary Childress 05	Grandview
Gary Goings 87	Bear Creek	Gene Walter 97	Wiggins	Jim Trahern 06	Kit Carson
Warren Mitchell 88	Limon	Roger Johnson 98	Greeley West	Bob Wood 07	Buena Vista
Duane Lewis 89	Alameda	Steve Hill 99	Ridgway		
Bill Wright 90	Mitchell	Ken Shaw 00	Rocky Mountain		
Leroy Needens 91	Brush	Terry Taylor 01	Rangeview		
Ray Sanchez 92	Widefield	Al Blanc 02	Pueblo East		

The Warren Mitchell Award is presented to a Colorado high school **track and field** coach in recognition of his excellence and contribution to the track and field coaching profession. Nominations should be sent to the track and field president. The awards named for the dean of track coaches. Past recipients of the **Warren Mitchell Award** are:

John Martin 00	Ft. Collins	L. Lienemann 03	Heritage	Rod Card 06	Regis
Bill Kalb 01	Yuma	Teen. Anderson 04	Harrison	John Hancock 07	Mullen
Joe Shields 02	West Grand	Vernon Kimbal 05	Bayfield	Tom Southall 08	Cherokee Trail

The Pioneer Award for Volleyball is presented to a Colorado high school **volleyball** coach in recognition of excellence and contribution to the volleyball coaching profession. Past recipients are:

Judy Barnett 02	Manitou Springs	Lo Hunter 05	Evergreen
Fran Sixkiller 03	Lyons	Joan Powell 06	Coronado
Don Lash 04	Lewis Palmer	Don Lash 07	Lewis Palmer

Volleyball Horizon Award is presented to a **volleyball** coach showing great coaching potential. Past recipients are:

Krista Schwartz 04	Rocky Mountain	Lindsey Stinson 06	Mountain View
C.L. Hubbard 05	Faith Christian	Dave Walck 07	Rangely

The Ceal Barry Award Is given to honor the former Head Basketball Coach at the University of Colorado for her great example and on-going assistance to high school coaches. It is given yearly to a Colorado high school girls' basketball coach for excellence in and contribution to **girls' basketball** coaching. Past recipients are:

Ceal Barry 05	Univ. of Colorado	Darrell Parker 07	Sterling / NJC
Al Snyder 06	Simla	Kerry Sayles 08	High Plains

Tracy Fifer Service to the High School Soccer Community Award. It is named for Tracy Fifer, the longtime Bear Creek soccer coach who did so much for the sport in the early days of high school **soccer**. The award will be presented annually at the All State Soccer Games. Past recipients are:

Art Drotar 07	Horizon	Peter Horvath 08	Columbine
---------------	---------	------------------	-----------

CONTINUING EDUCATION NEWS EXTENDED STUDIES CREDIT

★ **2008-2009** ★

2008 COLORADO WRESTLING COACHES CLINIC

November 7-8, 2008
GILPIN HIGH SCHOOL
BLACK HAWK, CO

2009 COLORADO ALLSTATE GAMES

Date: June 8-13, 2009
UNC @ GREELEY

2008 SWIMMING, DIVING & ICE HOCKEY COACHES CLINIC

November 8, 2008
GILPIN HIGH SCHOOL
BLACK HAWK, CO

2009 ATHLETIC DIRECTORS' CONFERENCE

Dates: APRIL 25-28, 2009
BEAVER RUN RESORT
BRECKENRIDGE

2009 CHSAA SPEECH SYMPOSIUM

Date: TBA
Location TBA

2009 NATIONAL STRENGTH & CONDITIONING CONFERENCE

July 8-11, 2009
The Paris Hotel & Casino,
LAS VEGAS, NEVADA
FOR MORE INFO:
NSCA-LIFT.ORG
<http://www.nsca-lift.org/>

You must be a member of the Colorado High School Coaches Association to attend Wrestling, Ice Hockey, Swimming Track & Field & Cross Country and Multi-sport clinics

2009 TRACK & FIELD & CROSS COUNTRY

February 6 & 7, 2009
I-225 & Parker Road

2009 MULTI-SPORT COACHES CLINIC

FOOTBALL, VOLLEYBALL,
SOFTBALL, BASKETBALL,
CROSS COUNTRY &
SOCCER
DATE: TBA
Location: TBA

2009 COLORADO SPIRIT COACHES CONFERENCE

Date: TBA
Location: TBA

INSTRUCTOR: Dr. Rick Bettger

CREDIT: 1-3 hours available

LOCATION: CHSAA or TBA

PHONE : 907.879.1592

E-MAIL: pine903@aol.com



REGISTER ON SITE AT CLINICS FOR COLLEGE CREDIT

SCHOLARSHIP LUNCHEON

On March 30th, at the Radisson Hotel, eight student-athletes received \$1000.00 scholarships sponsored by Gatorade and the Colorado High School Coaches' Association (CHSCA). Since 1986, the CHSCA has given 173 scholarships valued at \$139,400 to student-athletes from eighty-three Colorado high schools to provide financial assistance with college education. This endeavor has been assisted by the Gatorade Corporation since 1992.



Left to right: Colton Hartley, Springfield High School; John Lenderink, Denver Christian High School; Hazen Moss, Rifle High School; Camille Grimes, Limon High School; RaeLynn Snyder, Simla High School; Dara Dillon, Rocky Ford High School; Allen Thomas, Peyton High School; Jeff Taylor, Liberty High School.



SCHOLARSHIP APPLICATION



TO THE APPLICANT:

1. You qualify to complete this application if: a) you will be a graduating senior this school year, b) you have lettered in at least one sport and c) you have been nominated by a member-coach of the Colorado High School Coaches Association. **Each member-coach may nominate only one athlete. The number of each school's nominees will be reduced to one applicant before final selection.**

2. Include the following documents with this application form:
 - Page 1 - Your high school grade transcript with ACT scores
 - Page 2 - A concise typed statement of your goals
A concise typed statement of your need for financial aid
 - Page 3 - A typed list of:
 - a) Your athletic letters with sports and years and other athletic awards
 - b) Your school activities other than sports with offices held
 - c) Your notable non-school activities
 - Page 4 - A letter from your nominating coach. The coach should consider your personal worth, your contribution to the school athletic program and your need for scholarship assistance.
No additional letters for this applicant will be considered. **The coach must be a member of the Colorado High School Coaches Association.**

3. Your application and all documents must be received by **January 17, 2009**. Send to:
 - CHSCA Scholarship Committee**
 - 3375 South Clinton Ct.**
 - Denver, CO 80231**

4. If you have any questions, contact the scholarship chairman, Herman Motz at: 303-755- 1354, or e-mail at: motzart2@aol.com

NAME _____ SCHOOL _____

ADDRESS _____ CITY _____ ZIP _____

YOUR HOME PHONE _____ ACT SCORE _____ PRESENT GPA _____

NOMINATING COACH _____ COACH'S PHONE _____

CHSCA SCHOLARSHIP PROGRAM

Supported by Gatorade
NOMINATE YOUR ATHLETE



\$1000.00 SCHOLARSHIPS

CHSCA Gatorade Scholarships will be awarded to senior student-athletes in need of assistance for post high school education. These scholarships are one-time, good-for-one-year, non-renewable awards.

Scholarship Procedure

ANY MEMBER COACH MAY NOMINATE ONE ATHLETE. (Dues must be paid for the 2008-2009 year.) The coach should copy the form on the next page for the athlete that he/she nominates. The coach should read this application form: 1) to determine if the athlete qualifies [paragraph I], 2) to assist with the required documentation [paragraph II], and 3) to make sure all inclusions are returned on time [paragraph III]. A committee of members from the Board of Directors of the CHSCA will make the selections near the end of January. The selections will be based, as nearly as can be determined from the returned documents, on **character, need, athletic participation, and probability of success in post high school education.** Not more than one applicant from a school will be chosen in any one year. Winners will be notified by phone and/or mail when the selections are approved by a vote of the CHSCA Board of Directors.

Deadline for return of applications and required inclusions is January 17, 2009.

**Mail to: CHSCA Scholarship Committee
3375 South Clinton Ct.
Denver, CO 80231**



YOU WOULDN'T SEND YOUR PLAYERS OUT IN CANVAS SNEAKERS. BUT YOU STILL HYDRATE THEM WITH WATER?

Of all the things you can do to protect your players from dehydration, upgrading from water to Gatorade® is the most important. When athletes sweat they lose more than water. They lose electrolytes, which are critical to rehydrating young athletes.

Unlike water, Gatorade is scientifically formulated to replace electrolytes, helping players retain fluids and stay safely hydrated.

Learn why every coach should upgrade his or her hydration plan from water to Gatorade at gatorade.com/coaches



Colorado High School Coaches Association
John Burke, Executive Director
P.O. Box 5745
Peoria, AZ 85385