

**CHSCA WRESTLING COACHES CLINIC
NOVEMBER 4-5, 2011
AMERISTAR CASINO, RESORT, AND SPA
BLACKHAWK, CO**

Keith Wollert, CWCA, President and Clinic Director

KEYNOTE SPEAKER: Miles Van Hee, Head Coach Western State College
Assistants Coaches: Marques Bravo and Charlie Pipher

FRIDAY, NOVEMBER 4 -- 4 pm -- 5:55 pm Registration on Level 5

ALL WRESTLING COACHES CLINIC SESSIONS SHALL BE CONDUCTED IN
THE SUMMIT BALLROOM A&B, LEVEL 5

Visit Vendors from 5:25 pm-5:55 pm and also during other breaks throughout the
day

First Session: 6 pm-6: 55 pm -- Miles Van Hee, Head Coach Western State
Coaching Philosophy and Back to Basics—Set Up Drills

Second Session: 7:00 pm-7:55 pm -- Miles and Western State Coaching Staff

Offensive Wrestling Attacks and Finishes

Third Session: 8:00 pm-8:55 pm -- Miles and Western State Coaching Staff

Lifting/Ploy Program

**9:00 P.M. EXCITING COACHES' SOCIAL FREE FOOD AND COCKTAILS
SUITES 1003-1007**

Saturday, November 5 -- 7:30 am Registration LEVEL 5

7:10 AM-9:10 AM FREE COACHES' BREAKFAST – SUITES 1003-1007

Visit Vendors from 8:40 am-9:10 am and also during other breaks throughout the
day

First Session: 9:15 am-9:45 am -- Harry Waterman, CHSAA Asst. Commissioner

Second Session: 9:50 am-10:25 am -- Mike Moyer, Executive Director NWCA

Third Session: 10:30 am-11:00 am -- Scott Tarbox, CWOA

Fourth Session: 11:05 am-11:40 am -- Business Meeting

LUNCH on your own11:40 am-12:35 pm
Buffet, Fire Side Cafe, or Way Post Deli

Fifth Session: 12:40 pm-1:35 pm -- Ken Taylor, Head Coach, Rocky Mountain

Sixth Session: 1:50 pm-2:45 pm -- Miles and Western State Coaching Staff

Bottom Series Wrestling

Seventh Session: 2:50 pm-3:45 pm -- Miles and Western State Coaching Staff

Top Series Wrestling

Eighth Session: 3:50 pm-4:45 pm -- Miles and Western State Coaching Staff

Q & A..... Show desired Techniques/etc. from coaches' requests & How to get the most of your athletes. Mental and Physical Challenges

For More information Contact

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